A publication for Rotarians and all community minded people

DG Weekly Message

Celebrate the Past, Commit to the Future.

Welcome to another Year in Rotary in D9800; it all started back on April 21 1921 with the Charter of Club #1 in Australia, the Rotary Club of Melbourne; so we celebrated with gusto at the MCG on May 23 and now we look forward with confidence to our 91st year and the 80th Rotary District 9800 Conference here in Melbourne from March 9 to 12 2012.

Gabrielle and I have been fortunate to have attended some 22 Changeover Ceremonies where there has been a real Celebration of some remarkable achievements, the presentation of many Paul Harris Fellowships and Royce Abbey Awards, RI Presidential Citations (20 with Distinctions), District and Club Awards. We have listened as each President Elect (now President) outlined their own Plans for 2011-2012 as well as introducing their Boards who will help deliver those Plans and Objectives.

At the District Changeover, we congratulated the Immediate Past District Governor Iven Mackay (ably supported by Marilyn) who led the District superbly well as we did indeed "Build Communities and Bridge Continents". Now our challenge is to "Reach within to Embrace Humanity" under new RI President Kalyan Banerjee from the Rotary Club of Vapi in Gujarat State in India. Gabrielle and I were



District Governor Keith Ryall and Gabrielle

able to attend the RI Convention in New Orleans from May 22-26 and heard an inspirational address from Kalyan as he outlined his Vision for 2011-2012. I commend to you his Editorial in the July edition of Rotary Down Under; however in case you missed it, may I remind you of his three key points:

- Our first emphasis in this Rotary year will be the family. The family and the home are at the core of all our workall our service begins here. And through the family, we approach all of our community and indeed, all of humanity, as an extended family, in which all members care for each other. In times of joy, and in times of need, no-one is ever alone.
- Q. will be continuity-finding the things we do well and taking them to the next level. We must build on our successes, expand on them, and strive to do even more. Of course, our greatest obligation is to Polio Plus, where success is now so close.
- 3. Will be change. We must understand that true change can

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Clarice Caricare

Do you have a letter for Clarice? Is something on your mind?

Send Clarice an mail at clarice@rotarydistrict9800.org.au



July is District Changeover Month



Reach Within to Embrace Humanity



DG WEEKLY MESSAGE CONTINUED...

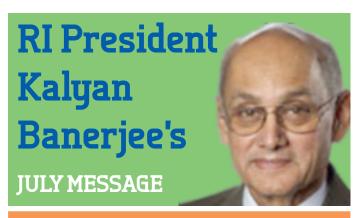
only begin with each of us, and start within us. We cannot share peace with others if we do not have it to give. We cannot look after the whole world without first looking after those closest to us; our families, our clubs, and our communities.

At the District Changeover Luncheon at Moonee Valley, I highlighted many words beginning with the letter "C"; Commitment, Change, Continuity, Consistency and Credibility; partly because when I joined Rotary in 1999, I was impressed by the then RI President's theme which was simply "Act with Consistency, Continuity and Credibility". That seems to tie in nicely with much of what Kalyan Banerjee is urging us to do this year; Continue doing the things we do well and take them to the next level; then be prepared to Change those things in our Clubs that need to be changed for the good of all concerned. It is a simple but very powerful message; keeping in mind, that it all begins with the family; I just love those words....In times of joy, and in times of need, no-one is ever alone.

We encourage you to continue to Celebrate whenever appropriate and maintain Commitment as we "Reach within to Embrace Humanity".

Yours in Rotary service,

Keith Ryall District 9800 Governor 2011-2012



All of us in Rotary are looking to change the world - why else would we be Rotarians? We believe that our world can be happier, healthier, and more peaceful, and that we can create that better world through our service.

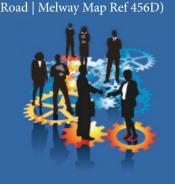
In 2011-12, I will ask Rotarians to Reach Within to Embrace Humanity. I will ask you to search first within yourselves, to understand that all of us, everywhere, have the same dreams, the same hopes, the same aspirations, and similar dilemmas. When we understand, and truly feel, that others' needs are the same as our own, we begin to understand how important our work is.

Read RI President Kalyan Banerjee three emphases in Rotary service:

2011 District 9800 Membership & Marketing Seminar



9:30AM - 1:30PM **Trinity Grammar School Kew Victoria 3101** (Corner Charles Street and Cotham



Dynamic presentations & interactive workshops that will give you:

- Inspiring ideas on how your club can recruit and retain members
- Ideas on how to market your club and its projects
- Information about the Corporate Membership and the Innovations & Flexibility pilot programs

All participants will receive:

- USB stick with membership & marketing tips for all participants
- Coffee, tea and a working lunch

Membership Director, Murray Verso at membership@rotarydistrict9800.org Marketing Director, Philip Archer at marketing@rotarydistrict9800.org

(Online bookings available from next week in Networker.)



TIP

BECOMING A LEADER AT WORK

Leadership is an essential attribute among the most successful employers and employees, and can help you get ahead in your career. However you don't have to be a manager to become a leader at your workplace – these tips may help you fine tune the leader within you.



Take on more responsibility

A natural first step towards becoming a workplace leader is to take on more responsibility that goes beyond your direct role. Volunteering to take on an extra task, work on a special project, or joining a committee or sub-committee shows others your preparedness to get involved and lead by example, as well as increasing your visibility at the workplace. Be prepared to start small – you don't have to take on the world to be seen as a leader!

Learn from others

Examine the most effective leaders at your workplace and what they do to stand out from the crowd. There's no better way to learn what it takes to become a good leader than to watch other leaders in the flesh. Feel free to imitate those attributes you feel work best, but don't slavishly copy, because....

Develop your own style

Each individual is unique and the best leaders all have slightly different approaches based on what suits their personal style. Whether you're loud or quiet, a deep thinker or an impulsive doer, you can be a leader in your own effective way, either as a leader by words or a leader by example.

Communicate and be approachable

After all, you can't be a leader if you have no followers. Be prepared to listen to others' points of view and make the time do so, and show that you have at least tried to take action on their behalf. Even if nothing is initially achieved, you'll be recognised for making a genuine effort.

Be prepared to change

What you may think be the right way of doing things may not prove to be the case. Be prepared to change and adapt whenever necessary. Good leaders recognise there may be a better way of doing things, whether it's being more commanding or more consultative.

There's never one prescribed method for becoming a leader, but these tips may just guide you on the path of becoming an effective leader.

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For further information, please click here:

 $http://www.vecci.org.au/news/Pages/Business_Tips_becoming_a_leader_at_work.aspx$

This article is sourced from VECCI's weekly RADAR newsletter, which circulates to approximately 40,000 unique email addresses. Subscribe to RADAR for free, please click here.



REVIEW YOUR CLUBS ONLINE MARKETING

MARKETING TIP

It's the new Rotary Year, 2011-2012. But if we looked at your Club's website, would we know it?

Every Club should think about the impression their Club's website sets in the minds of visitors – are you a contemporary, well-organised and future-focussed Club, or is does your website tell visitors that you are in a state of disrepair?

Club Websites should be:

- Functional (i.e. easy to navigate, not convoluted and easily allows your visitors to go where you intend for them to go and do what you hope they will do)
- Visually appealing (remember a picture or icon can save a thousand words)
- An easy way to get to the information your visitors require (e.g. contact details)
- A great advertisement for your brand
- Up-to-date

Is Your Club Up To Date? A Checklist

- Do you have the new 2011-2012 Theme logo ("Reach Within to Embrace Humanity") on your site (or all theme logos removed from page templates so they won't go out of date?) Have you updated names, pictures and con-
- tact details of office bearers?
- Is your Club's actual website the first thing that comes up when you google Rotary and your location?
- Have you ensured any previous Club websites aren't competing with your current website on Google or misdirecting visitors away from your new Club website?

- Have you tested the contact details (e.g. email, phone) provided by your Club on your website?
- Have you acted like a visitor interested in your Club and tested how easy it is to find contact details and a meeting place for your Club on your website?
- Do all the major links work on your homepage?
- Do you have working graphical links for Facebook, Twitter, LinkedIn, MySpace, YouTube, RSS feeds, Google Bookmarks, Networker,
- RDU or Flickr on your page?
 If you do have links to Facebook, Twitter,
 LinkedIn, MySpace, YouTube, RSS feeds,
 Google Bookmarks, Networker, RDU or Flickr, are these also updated with new contact details, logos, news, etc?
- Have you assessed whether your Club's website looks contemporary or if it actually attracts or detracts from your Club's image?
- Have sponsors, corporate partners or those helping your Club been acknowledged on your homepage?
- Is Your Club's news available via a graphical link?



Violence Free Families

The Brighton Rotary Club's work on the prevention of family violence has received the highest recognition available to Rotary Clubs for community service and significant achievements.

Building on 16 years of work providing and supporting behaviour change programs for violent men, it recently set up a national registered charity, "Violence Free Families" to work for the prevention of all forms of family violence. It is currently sponsoring a major research project with Monash University, designed to lead to more and better behaviour change programs.

Chairman and Brighton Rotarian, Dr David Smyth, said: "Family violence is a hidden cancer in society. One in four families in Australia is experiencing some form of family violence. Just as with cancer, we need high level research to find better ways of preventing it. Our project will be the largest ever conducted and is already attracting international attention."

"We are also designing a new web based behaviour change program, suggested by Victoria Police, for men who can't or won't attend physical programs".

Other activities of Violence Free Families are:

- A "Safer Families" information afternoon in St Kilda at the Betty Day Centre at 1:30 pm on 19 July for women needing advice and support and
- Helping the Victorian Women's Trust in their "Be The Hero" schools program for mid teens boys.

Receiving the award, Brighton President Paul Nicholson said: "We are proud of our work to date and would welcome any support from the community to continue to develop it, both financially and from volunteers with skills we can use."

The chairperson of the Australian Women in Rotary network, Kerry Kornhauser, also welcomed news of the awards. "This program is one of the top priorities of Women in Rotary", she stated, "because of its great social value and because it is a 'women sensitive' activity that will attract more women into community service through Rotary".



Immediate Past District Governor Iven Mackay presents Brighton President Paul Nicholson with the Significant Achievement Trophy for his club's family violence prevention work.

Violence Free Families has a professional Board but its activities are run almost entirely by Rotary volunteers coming from many clubs in the District. It relies on donations from the public for its vital work.

Donations to Violence Free Families and Rotary membership enquiries can be made to:

David Smyth M: 0428 566 878 or PO Box 2074, Brighton North VIC 3186.





Zimbabwe's Rotary Clubs Have a Tough Struggle

The ten-person outbound Rotary Friendship Exchange group from District 9800 to Africa's D9210 has had some surprises during its three-day hosting in Victoria Falls, Zimbabwe.

Victoria Falls is a relatively prosperous part of Zimbabwe, only a kilometre from the cataract and attracting hordes of hard-currency tourists.

However, the turmoil the country has suffered is reflected in the main item sold to tourists by street touts – obsolete Reserve Bank of Zimbabwe banknotes, with faces values of 50 and 100 trillion dollars (that is, ZIM\$100,000,000,000,000).

After five years of hyperinflation, the inflation rate in 2008 topped 231 million percent. Since 2009 the country has operated on US dollars, with South African Rand used for small change.

The town of Victoria Falls is so closely linked to the surrounding national game park that elephants often wander into the suburbs knocking down walls to get at garden trees. Packs of warthogs, tails lifted at 90 degrees, scurry down the side streets without attracting a second glance.

Our team expected depressed conditions inside Zimbabwe. Instead, it discovered a thriving

tourist town and a local Rotary Club kicking goals (with some difficulty) on significant charity projects.

One of our hosts was Barbara Murasiranwa, past Assistant Governor of D9210 and a stalwart of RC Victoria Falls. Barbara was until June 2011 managing director of a thriving tourist operator in Victoria Falls, Shearwater Adventures, which pioneered white water rafting, helicopter rides, canoeing adventures, jet boating and bungy jumping from Livingstone Bridge by the falls (this is a joint and hair-raising Zimbabwe-Zambian business). Barbara now runs her own wholesale travel company and can afford to devote more time to the Rotary club.



Medicine: The Clyster Craze

HEALTH TIP

Hippocrates preferred enemas to purges, but the Greeks rejected the strange concoctions of bile, vinegar, etc. used by other peoples in favor of water or simple salt solutions, perhaps with a little oil or honey added. Centuries later, physicians in medieval Spain described the nutrient enema and the first bulb syringes.

French Fashion. The 17th Century was the Golden Age of the enema, or clyster as it was then called. The crude instruments of yesteryear—tubes of bone or wood attached to animal bladders or silk bags—were replaced by a formidable piston-&cylinder device. An apothecary or doctor's assistant, marching through the streets with a clyster tube on his

shoulder became a common sight, as a mania for enemas swept France.

Fashionable Parisians, convinced that inner lavements purified the complexion and produced good health, took as many as three or four enemas a day. The craze was often burlesqued on the stage, notably by Moliere, and it was a lively topic of elegant discourse in the salons.

Louis XIV had over 2,000 enemas during his reign, sometimes holding court while the ceremony progressed. Aristocratic enemas were delicately tinted and scented. They were also so widely used as a means of poisoning that Louis XIV set up a special detective agency to combat the wave of enema-murders among his nobility.

Scientific Sobriety. About 1800 the carnival spirit dwindled sharply, and the age of scientific sobriety began. An extension of the enema principle came in 1895 with the invention of colonic irrigation by Professor Ismar of Berlin—a controversial treatment which Historian Lieberman dismisses as very rarely necessary and "on the wane at the present time."

Simplicity is the enema keynote in the Atomic Age. Best ingredients: "plain lukewarm water, or perhaps just a trace of bicarbonate of soda or ordinary salt." Warns Dr. Clyster: "Soap is a very popular ingredient now, unjustly so, because in most cases it is unnecessary and irritating."

Read more:

http://www.time.com/time/maga-zine/article/0,9171,803783,00. html#ixzz16KpI1M52



Notices & Events

NEW

Rotary Club of Carlton Trivia Night

23 July, 2011

Come join the Rotary Club of Carlton for a fantastiv night of trivia. **Read More**

Sportsman's Night: Rotary Club of Laverton Point Cook

6 August, 2011

Experience a terrific night's entertainment with former Australian Fast Bowler Rodney Hogg and Bulldogs' Champion Doug Hawkins. Read More

NEW

Gourmet Supper & Auction

29 July, 2011

Live entertainment, finger food and beverages will be provide at the Darebin Arts & Entertainment Centre.

Read More

Youth Exchange Inbounds Orientation

29 July, 2011

Orientation for the next group of Youth Exchange Inbounds will be held at Camp Getaway.

NEW

Rotaract Club Monash University Interest Meeting

8 August, 2011

A interest meeting will be held for a Monash Rotaract Club. Do you know someone that is a prospective Rotaracter? **Read More**

NEW

GSE Welcome Home Dinner

5 August, 2011

District 9800 GSE Team have returned home from Texas and the Rotary Club of Melbourne South will host a dinner. **Read More**

NEW

Australian Rotary Health - Birthday Dinner Dance

13 August, 2011

Australian Rotary Health started 30 years ago and is now one of Australia's largest non- government funding bodies for mental health research. **Read More**

Membership & Marketing Seminar

6 August, 2011

A marketing seminar held at Trinity Grammar School focusing on membership, marketing, PR, and website development. A lite lunch will be served. **Read More**

NEW

Quilt Exhibition

12 - 14 August, 2011

Discover new ideas and easy ways to make quilts your-self. Get tips from the experts and BE INSPIRED. **Read More**

The Portsea Camp

14 - 16 October, 2011

"The Portsea Camp" Rotary Working Bee - New Generations Fellowship weekend.

Paul Harris Breakfast

16 November, 2011

Central Melbourne Sunrise will host a Paul Harris Breakfast.

2012 Melbourne - District 9800 Conference

9 - 11 March, 2012

Bringing us together for more than just a conference. **View the Website**

A publication for Rotarians and all community minded people

DG Weekly Message

From Kirksville, Missouri USA to Vapi, Gujarat State, India.

We have a unique opportunity 2011-2012 to increase awareness about two fascinating countries; the United States of America and India. As mentioned several times in despatches, we will have two GSE Teams in 2012; with District 3030 in Maharashtra State. India and District 5230 in the State of California, USA. Full details appear on page 32 of the current District Directory. This Message will focus on India in general and District 3030 in particular.

So what do we know about India? I'm told by a reliable source that it is home to almost 1.2 billion people, second only to China and an economy expanding at the rate of almost 9% a year. Some of India's 28 states are actually growing much faster than that; propelled in part by ambitious local governments that encourage foreign business. Maharashtra accounts for 15% of India's industrial output and more than 40% of its national revenue. The leading city, Mumbai, is the financial capital of India and also the home of Bollywood, now the world's largest film industry. The largest City in D3030 is Nagpur, home of India's highly regarded National



District Governor Keith Ryall and Gabrielle

Cricketing Academy; equivalent to our own Australian Institute of Sport in Canberra. District 3030 encompasses an area of 20,000 sq. kilometres and has 3,800 Rotarians and 85 Clubs; so about 20% larger than D9800 in terms of both Club numbers and membership. Overall, India has 3,048 Clubs with a total of 113,339 members.

India's annual per capita income US\$3,400 ranks among the world's countries. 25% of the population lives below the poverty line, but India has the second largest labour force-478 million people. About 52% of Indians work in agriculture, which accounts for 16% of the country's domestic product. About one third of the people work in service industries, which account for 55% of GDP. 14% work in Industry which represents 29% of GDP.

There was a Report in today's Age (Friday July 15, Business Day Page 7) that was less than flattering about certain aspects of bureaucracy and government paralysis that is slowing down

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July is District Changeover Month



Reach Within to Embrace Humanity



DG WEEKLY MESSAGE CONTINUED...

the economy, written by a Delhi based Indian journalist. However I think it is fair to say that many countries in Europe and North America are facing severe financial challenges so we should not single out any one particular country. There are some journalists who are predicting that Australia may not be immune from the aftermath of the global financial crisis which had minimal impact here at the time. We have a golden opportunity to increase our own general knowledge of the largest democratic country in the world through 2011-2012. Governor Alex Chernov at the highly successful Business Breakfast conducted by the Rotary Club of Glen Eira on June 8 referred to the Australia-India Institute of which he is Patron. We will be exploring ways that D9800 can strengthen its links with India through this Institute as well as supporting our Outbound GSE Team who leaves for India early in 2012 and then welcoming the Inbound Team from D3030 in late February/early March 2012.

I can see many opportunities to "Reach within to Embrace Humanity" ahead of us.

Yours in Rotary service,

Keith Ryall District 9800 Governor 2011-2012

Rotary Acknowledgement

"I rise to pay tribute to the wonderful work undertaken by Rotarians throughout the world, particularly the 10 local Rotary organisations that play an active role in the electorate of Kooyong".

- Josh Frydenberg MP Federal **Member for Kooyong**



2011 District 9800 Membership & Marketing Seminar







- Inspiring ideas on how your club can recruit and retain members
- Ideas on how to market your club and its projects
- Information about the Corporate Membership and the Innovations & Flexibility pilot programs



- USB stick with membership & marketing tips for all participants
- Coffee, tea and a working lunch

Membership Director, Murray Verso at membership@rotarydistrict9800.org Marketing Director, Philip Archer at marketing@rotarydistrict9800.org



(Corner Charles Street and Cotham Road |

9:30AM - 1:30PM

Kew Victoria 3101

Melway Map Ref 456D)

Trinity Grammar School



Business Tips

How to handle 'hot desking'



With communal work stations an increasingly attractive option for businesses, sharing space is now a daily reality for many. But if 'hot desking' has you hot under the collar, here's a few tips to keep the workplace peaceful and productive.

>> Don't mark your territory

You might find it hard to adapt at first if your office has a communal desk policy, but trying to stake your claim to a space through pinning up photographs or leaving personal knick-knacks permanently on display is poor form. Your honeymoon snaps or quirky toys are going to distract and alienate colleagues who have to use the work area after you. Bringing in personal items is fine, but you need to remove them at the end of your shift.

>> Come prepared

If you're worried about having nowhere to store your work essentials consider preparing a small kit (a handy container or bag) holding everything you will want to move around with you, be it any pens, notebooks or personal items. This will guarantee you're organised and ready for work at the start of each shift and save valuable time and effort that would otherwise be spent tracking down stationery and materials.

>> Be flexible

One of the keys to sharing space harmoniously is acknowledging and respecting the fact that all employees are unique. Making a fuss if your chair settings are changed or a communal desk is rearranged is unnecessary. Take a few minutes at the start of each day to 're-set' the area to suit your personal tastes.

>> Keep it clean

Playing fair when you have to share is all about respecting your colleagues. A quick desk tidy at the end of the day will ensure co-workers who use the desk after you can hit the ground running.

>> Make the most of it

Many employees grumble about the upheaval of hot desking, but try and focus on the positives. Changing seats each day and working alongside and interacting with a range of different colleagues could get the creative juices flowing and help to create a better sense of a team

Having workers use the same desk at different times is alluring for employers seeking to cut costs in the face of soaring rents, but hot desking certainly has some passionate critics. We'd love to hear your thoughts!

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For further information, please click here: http://www.vecci.org.au/news/Pages/Business_tips_ how_to_handle_hot_desking.aspx

This article is sourced from VECCI's weekly RADAR newsletter, which circulates to approximately 40,000 unique email addresses. Subscribe to RADAR for free, please click here.

Marlebing Til

Virtually every Club in our District could use more members, but how much thought has your Club given to WHO you really need? Targeting your approach to the type of

people your Club needs is a great way to make your Club a **BETTER Club**.

- So who does your Club need today?
- > Someone with computer and new media / social media skills?
- Someone with marketing and PR skills?
- Somebody with extensive corporate networks?
- Someone with extensive local networks or a large local community customer base?
- Someone with links into parts of the community you have not yet accessed?
- More ethnic / gender / political / age/ social diversity?
- Someone with a particular vocational skill or ability to help?
- Someone with big ideas or a passion that could create a wonderful project?
- Someone who needs an opportunity to develop?
- Someone who could mentor others?
- Someone with similar values to your Club's but no present outlet to act on them?

The list goes on...

But it's up to you to discuss with your Club: who could make your Club an even better place?

Once you have some prospective members in mind, reach out to them and explain why they offer value to your Club and explain what's in it for them.

MORE MEMBERSHIP & MARKETING TIPS





RAWCS SEMINAR

nternational Service Director
Ross Butterworth and
RAWCS Chairman Colin
Burns introduced a wellattended informative seminar last
Sunday at International House,
telling Rotarians about Rotary
Australia World Community
Service.

Rotarians had the opportunity to discuss various projects with stallholders, some of which were:

- Rotarians Against Malaria ('RAM') which largely works to increase the use of mosquito nets.
- Safe Water Saves Lives under which Rotary delivers cleaner water to many communities
- Donations in Kind.
- Support a Village Initiative
- Mothers and Babies Support Initiative

Information about RAWCS is relatively easy to find: Our own District 9800 handbook has 4 pages on RAWCS; and the website can provide lots of information.

http://rawcs.com.au/ aboutRAWCS southern.htm

More about RAWCS Rotary Australia World Community Service Ltd (RAWCS) is the Australian arm of Rotary International that assists Rotary Clubs with the development and management of international community service projects.

Whether it's projects to help rebuild in the aftermath of

disaster, programs to bring education to countries where illiteracy stifles development or bringing health care and medical aid to those who can least access it, RAWCS so often has a hand in helping the world stand on its feet.

RAWCS supports Rotary Clubs in sending teams of volunteers to developing countries to provide assistance upon the development of much needed facilities, especially within the health and education areas.

Advice, assistance and training in building, construction and commercial operations (for example, assistance in obtaining microfinance) are are also provided by RAWCS to support developing communities in establishing themselves.

Just some of the programs and projects RAWCS has run:

- established medical, dental and general health facilities across second and third world countries
- brought clean water to villages
- helped street children into homes and education
- protected thousands against malaria
- provided shelter for those left homeless after tragedies
- transported medical equipment to remote regions
- provided microfinance to povertystruck communities
- established care homes for the elderly
- brought literacy programs to villages
- provided AIDS education programs
- established vocational education training programs

- Constructed staff accommodation to bring volunteers and professionals into remote regions needing assistance
- helped provide critical post-natal care for mothers and babies











Photos: 1 Colin Burns 2 DIK Stall 3 Eb Friedrich 4 Karen Penttila and Bill Stoney 5 Ngaire Cannon and Don Cullen.



THE ROTARY FOUNDATION

CADRE OF TECHNICAL ADVISERS

DG Keith Ryall received the following letter from Christian Pepera. Please contact DG Keith if you wish to register for the cadre.

Dear District Governor,

Greetings from Evanston!

It is a pleasure to introduce myself as the coordinator for The Rotary Foundation Cadre of Technical Advisers.

Representing all Rotary districts and a wide spectrum of professional expertise, the cadre is a diverse group of volunteer Rotarians who monitor and evaluate Foundation grant projects all over the world by conducting paper reviews and traveling to project sites to evaluate technical feasibility and compliance with The Rotary Foundation's missions and objectives.

In an effort to keep Rotarians informed of the cadre's activities, we are now distributing Tech Talk, the cadre's quarterly newsletter, to all district governors. I have attached the latest issue (May 2011) and encourage you to forward Tech Talk to the members of your district, add it to your district's website, or include it in your district's newsletter.

The cadre is always seeking new members with professional expertise in all of the following technical sectors, but is especially in need of members with water and health backgrounds; French, Spanish, and Portuguese speakers; and members from Africa. If you know of any Rotarians in your district who would make great cadre members, I encourage you to forward them the attached cadre registration form.

I appreciate your assistance in sharing this information with the Rotarians in your district. If you have any questions about the cadre, please do not hesitate to contact me.

Sincerely,

Christian Pepera

Sr. Cadre Coordinator
Rotary International & The Rotary Foundation
1560 Sherman Ave. Evanston, IL. 60201
P: 847.866.3357 F: 847.556.2153
E: christian.pepera@rotary.org

Technical Sectors & Example Professions

MATERNAL AND CHILD HEALTH & DISEASE PREVENTION AND TREATMENT

Obstetricians, doctors, nurses, midwives, public health professionals, epidemiologists, surgeons

WATER AND SANITATION

Civil, environmental, mechanical, and biological engineers; city planners

BASIC EDUCATION AND LITERACY

Teachers, community educators, education advocates, administrators

ECONOMIC AND COMMUNITY DEVELOPMENT

Small-business owners, bankers, city planners, community organizers, real estate professionals, revitalization specialists, agronomists, micro credit experts

FINANCIAL AUDITORS

Auditors, accountants, financial advisors

PEACE AND CONFLICT PREVENTION/RESOLUTION

Lawyers, diplomats, teachers, social workers, mediators, arbitrators



Sleep

HEALTH TIP

The body's internal clock regulates when and how we sleep depending on the amount of light around us. When the sun sets, your brain releases chemicals to make you sleepy. In the morning, exposure to daylight releases brain chemicals to keep you awake.

efore electricity, people used to sleep between sunset and sunrise. The typical person's sleep averaged a generous ten hours – the same amount enjoyed by other primates like chimpanzees and baboons. Today, sleep deprivation is common in developed nations, with the average adult sleeping for only six or seven hours each night.

Most of us feel fatigued at least some of the time. It is thought that fatigue causes about one road accident in six. Studies show that a common distraction from sleep is the Internet. Parenthood, shift work, travel across time zones, illness, poor sleeping habits and some medications are other common sleep-stealers. New parents lose, on average, between 450 and 700 hours of sleep during their child's first 12 months of life.

Sleep isn't a static state of consciousness. The brain moves through distinct stages of sleep, over and over, every night. Rapid



eye movement sleep occurs regularly, about once every 90 to 120 minutes. It makes up about one-quarter of your night's sleep. The brain in REM sleep shows significant electrical activity. The sleeper's eyes tend to dart about under closed lids, hence the name. The bulk of dreams are thought to occur during REM sleep.

Sleep disorders

Common conditions that can affect a person's sleep include: Insomnia, Jet lag, Narcolepsy, Restless legs, Snoring, Sleep apnoea, Sleepwalking.

Where to get help

Your doctor, Sleep disorder clinic,

Nurse-on-Call Tel. 1300 60 60 24 – for expert health information and advice 24 hours, 7 days.

Things to remember

- Sleep is good for your health. It refreshes the mind and repairs the body.
- Lack of sleep can cause fatigue, poor concentration and memory, mood disturbances, impaired judgement and reaction time, and poor physical coordination.
- Common causes of sleep deprivation are parenthood, shiftwork, travel across time zones, illness, poor sleeping habits, some medications and the Internet.
- It is thought that fatigue causes about one road accident in six.

There's a MAP for that...

You can view RI districts and zones on an interactive map powered by Google Earth. New to the RI website, this feature allows you to search for a district or zone, then see a map of it in your browser.

Where is District 9800?

Rotary District 9800 covers a significant portion of urban and rural Victoria in Australia. The District includes the City of Melbourne, the Melbourne Central Business District, surrounding and Bayside Suburbs, and Country Clubs that stretch to the Murray River at Echuca Moama in the north.

The District is approximately 250km from north to south, and approximately 120km east to west at its widest point. It has 69 Clubs and approximately 3000 Members.



Download the Google Earth Plugin





Computers for Aboriginal Men

otary Club of Albert
Park have been working
with the Mibbinbah
Group for Aboriginal Men
for a while. In our discussions
they told us how they have set
up these men's groups all over
Australia. Aboriginal men feel
very displaced and depression
is very high in their community.
Mibbinbah is closely aligned
with Beyond Blue and La Trobe
University.

And many have very few skills so they thought they would teach them computer skills. Our eyes lit up as we knew about the computers that were available at DIK and the Computer for Kids project of reconditioning the computers.

Our Club paid the \$25 new licensing fee for each computer and then the 50 computers were collected by the Mibbinbah members and shipped out to various groups over Australia.

It was great that we could make a difference in so many people's lives, giving them an opportunity to find gainful employment and contribute to their family and community.

This week the Rotary Club of Albert Park received a big thanks from the Mibbinbah Group The computers have and will be put to good use in Communities, with Mibbinbah shipping and assisting with training to local groups. This follows the success of the computer training courses on the Gold Coast for Elders and older people.

For more information on this project, contact Kerry Kornhauser: kerry@travelinn.net.au



2011 Rotary International Covention Highlight

BILL GATES ENCOURAGES ROTARIANS TO PERSIST IN THEIR FIGHT AGAINST POLIO

During his inspirational speech at the Convention, Bill Gates recognized Rotary for its central role in the battle against polio. He encouraged Rotarians to keep fighting, saying "your work has brought us so far. 99 percent of the way there. This last one percent will be the longest, hardest one percent. It'll require more work and commitment than ever before. But I'm 100 percent convinced, that this fight is winnable. We've never stopped at 99 percent before. We are 'this close'. Rotary has written so many chapters in history of the fight against polio. Your work. Your voices. Your continuing commitment. These are the things that will allow us to end the story... and close the book."

>> READ THE FOUNDATION NEWSLETTER





ZIMBABWE'S ROTARY CLUBS HAVE A TOUGH STRUGGLE

On Rotary
Friendship
Exchange with
D9210, a group
of 10 from
D9800 visited
Zimbabwe in
June.

Zimbabwe's recent economic turnaround – based partly on a switch to US dollar and Rand currency - has led to a revival in Rotary membership.

'The local dollar hyper-inflation a few years ago wiped out the savings of many Rotarians who were in business or on salaries,' says Barbara Murasiranwa, past Assistant Governor of D9210. 'And pensioner-members also found their pension income had become worthless. For all these people, Rotary dues became unaffordable.'

In 2005 the club fell to only twenty members from the original charter member total of 33 in 2002. The club still has some members who are

struggling to pay their dues. It has now revived to 26 members but half a dozen are inactive and are being weeded out in favour of new young recruits. The club fund-raises with small events to help them out.

Barbara is among a small group of members who donate significant amounts to the club and the District.

Other membership problems include the need for many







members to work long hours in their jobs, and high turnover as businesses re-locate staff. Barbara says, 'Westerners who have not traveled here, naturally believe all the bad things about Zimbabwe they read and see in the media. They think that there is nothing standing here, and that all the infrastructure is in ruins, and that everyone can barely survive.

'It is true there is some starvation in some parts of my country but the average educated person here is doing well and now has the ability to think about charity work.'

Welcome New Members



Brimbank Central Robert Butrakoski - Financial Services

Caulfield

Faye Kirkwood - Nursing & Businesswoman



Notices & Events

Rotary Club of Carlton Trivia Night

23 July, 2011

Come join the Rotary Club of Carlton for a fantastiv night of trivia. **Read More**

Sportsman's Night: Rotary Club of Laverton Point Cook

6 August, 2011

Experience a terrific night's entertainment with former Australian Fast Bowler Rodney Hogg and Bulldogs' Champion Doug Hawkins. Read More

Gourmet Supper & Auction

29 July, 2011

Live entertainment, finger food and beverages will be provide at the Darebin Arts & Entertainment Centre.

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NEW

Gala Auction

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8 August, 2011

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Australian Rotary Health - Birthday Dinner Dance

13 August, 2011

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Quilt Exhibition

12 - 14 August, 2011

Discover new ideas and easy ways to make quilts yourself. Get tips from the experts and BE INSPIRED. **Read More**

NFW

Farm and Road Safety Exposition

16 August, 2011

Rotary Club of Rochester will be conducting the annual Farm and Road Safety Exposition at the Rochester Recreation Reserve Rochester. **Read More**

The Portsea Camp

14 - 16 October, 2011

"The Portsea Camp" Rotary Working Bee - New Generations Fellowship weekend.

2012 Melbourne - District 9800 Conference

9 - 11 March, 2012

Bringing us together for more than just a conference. **View the Website**

A publication for Rotarians and all community minded people

DG Weekly Message

Engaging and Retaining Members.

We often focus a substantial amount of effort in Rotary upon finding new members, and with good reason, as without them our Clubs would not only dwindle in size, but become stale too.

But I wonder if we spare quite the thought or effort we really should to the retention of our existing members – after all, if we don't keep them engaged and wanting to be part of our Club, again our members will become stale and with them our Clubs head the same way.

We can't MAKE anyone stay in Rotary. But we can give them reasons to WANT to stay.

Perhaps the best binding agent that keeps a Club tight and enjoyable is a sense of inclusive friendship. If we make sure we open ourselves up and extend our friendship and fellowship to everyone in our Club, they feel welcome. I recall Rotary Club of Southbank Past President Barbara Adams once talking about her Club and explaining why it meant so much to her.

"These are my people...this is where I belong".

If we can find the right fit,



District Governor Keith Ryall and Gabrielle

I believe the chances of retaining that members increase substantially.

The next ingredients as I see it is keeping your Club aligned to its purpose. A Club that is active and engaged in doing great activities that give a sense of worth and value to its membership is a Club that rewards its membership. We all feel good when we achieve something important to us – so we need to make sure we are doing things that are important to each and every member. What are the passions that got your members involved in Rotary in the first place?

In a fantastic Youtube video that asks the question "What in the World is Rotary?", Australian newsreader Roger Climpson states:

"The essence of Rotary is the joy of working and socialising with others who are interested in helping others and not just themselves – professional men and women who are prepared to give back as much as they receive in life... Rotary is fun,

In this Issue



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06	Insulin for Life
07	Club Tip
08	Zimbabwe's Rotary Clubs
09	Notices & Events

Contact the Editor



Clarice Caricare

Do you have a letter for Clarice? Is something on your mind?

Send Clarice an mail at clarice@rotarydistrict9800.org.au



July is District Changeover Month



Reach Within to Embrace Humanity



constructive, rewarding and extremely satisfying."

This says it all.

Rotary should be fun. It should be engaging. It should give us an opportunity to enjoy working alongside others who want to do good in the world. So I encourage you to get out and do the things you've always meant to - to do the things that give you a great sense of what it means to be a Rotarian.

After all, when we make the world a better place, we make it great to be a Rotarian.

We're presently at the dawn of August, our Membership Month – let's do the very best to make the world a better place by identifying "people like you and me" and inviting them to a Club meeting within the month.

Yours in Rotary service,

Keith Ryall District 9800 Governor 2011-2012

What's your response when someone asks you "What is Rotary all about?"

When someone points to your Rotary badge and asks "What's that all about?", do you have a great elevator speech to tell and inspire them?

We'd love to hear what you have to say when asked and how you have managed to get people interested and involved in Rotary through your response.

The best response as judged by District Governor Keith Ryall, District Membership Director Murray Verso and District Marketing and External Relations Director Philip Archer will be printed in next week's Networker and will win half a dozen bottles of Chandon (to toast your new members with!)

Send your suggestions to our Networker Editor Clarice at clarice@

2011 District 9800 Membership & Marketing Seminar



9:30AM - 1:30PM Trinity Grammar School Kew Victoria 3101

(Corner Charles Street and Cotham Road | Melway Map Ref 456D)



Dynamic presentations & interactive workshops that will give you:

- Inspiring ideas on how your club can recruit and retain members
- Ideas on how to market your club and its projects
- Information about the Corporate Membership and the Innovations & Flexibility pilot programs

All participants will receive:

- USB stick with membership & marketing tips for all participants
- Coffee, tea and a working lunch

Membership Director, Murray Verso at membership@rotarydistrict9800.org Marketing Director, Philip Archer at marketing@rotarydistrict9800.org



Business Tips

How to break the worst work habits



Are you a pen clicker, a foot tapper or a noisy chewer? Every worker has personal quirks that emerge from time to time. But there are some bad habits that could earn you a bad reputation. Here are the key no-nos and how to nip them in the bud.

>> Gossiping

There's nothing wrong with friendly, casual chitchat with colleagues, but never venture into tawdry tattling. Scandalmongering is unprofessional and unclassy, and could set you on the path to a harassment claim, or even dismissal. If you're already embroiled in office politics, extract yourself now. It might sound tough, particularly if co-workers try to lure you back into the babble, but refuse to engage. Just say no.

>> Complaining

Constant whingeing, whining, moping and moaning won't win you the respect of your colleagues or your employer. Never-ending griping whether it's about your workload, clients, office or co-workers – will paint you as someone who doesn't have the initiative to solve their own problems or get the job done. If you have a legitimate complaint, of course it is important that you get your point across. But take it up with your manager directly, not your colleagues. And, whatever you do, never put it on the internet. Badmouthing your employer/ colleagues/workplace online is a oneway ticket to unemployment.

>> Constant lateness

Delayed public transport, a broken-down car or sick children are legitimate one-off reasons for running late. But habitual tardiness is unacceptable and shows little respect for your workplace, colleagues or employer. Why should a meeting be held-up because you're running late (again)?

It's basic but beneficial advice: get up earlier and plan your route/transport/ outfit/breakfast or anything else that will make your morning more efficient the night before.

>> Procrastination

It's a time-sucking trap we all fall into occasionally. Sure, procrastination may not be so obvious a crime as office bitching or bagging your boss on Facebook, but if lingering over work turns to loafing around, you need to learn how to tackle it or risk your own productivity (and the result of your next performance review). It can be a challenge, but don't avoid tough or dull tasks. Dive into the most difficult, or mundane, work first thing in the morning when your mind is fresh and before fatigue sets in.

© VECCI 2010

For further information, please click here: http://www.vecci.org.au/news/Pages/Business_tips_ How_to_break_the_worst_work_habits.aspx

This article is sourced from VECCI's weekly RADAR newsletter, which circulates to approximately 40,000 unique email addresses. Subscribe to RADAR for free, please click here.

Wishes for the New Rotary Year from Paul Harris

In 1916, Rotary founder Paul Harris shared his thoughts about the organization in an article titled "The Future of Rotary," published in The Rotarian. Addressing the Rotary world, Harris concluded the short piece with wishes for the new year.

As the 2011–12 Rotary year begins, consider his words:

I wish you all of the prosperity which your good deeds merit.

May all things you ought have be yours.

May your charities rank among your necessary expenditures.

May you not fall into the popular error of thinking that happiness is to be found in outdoing your neighbors. May it always be yours to look beneath the veneer of life to the solid substance which lies beneath.

May you be builders, not mere climbers.

May you be able to appraise life's blessings at their real worth.

May you be free to act in accordance with the dictates of your own conscience and good judgment. May you not be slaves to meaningless customs, social or otherwise.

May you shun the groove followers.

May you have vision to discern the right and health, strength and will to do it.

That is to say, I wish you a happy New Year.

Paul Harris



Australian Rotary Health will commemorate 30 years of service this August, celebrating three decades of providing funding for medical research and scholarships for healthcare professionals.



by the mystery surrounding sudden infant death syndrome, Ian Scott addressed the Rotary Club of Mornington on June 17, 1981, highlighting the need to fund more medical research in order to shed light on the mystery of the syndrome.

After 30 years, Ian Scott's dream of funding research is still alive with Australian Rotary Health raising close

to \$27 million for medical research since its origin, \$10 million of which contributing to advances in mental health, the main focus of Australian Rotary Health since 2000.

With the ongoing support of Rotary Clubs and the wider community, Australian Rotary Health aims to continue supporting healthier minds and bodies and work towards improving the health and lives of those least able

to assist themselves.

The 30th anniversary will be marked by Australian Rotary Health and their friends in a celebratory dinner dance to be held at the Moonee Valley racecourse, Victoria on August 13th, 2011.

For more more information contact: **Jacqueline Mercieca**, Media and Communications Officer - Australia Rotary Health Phone: 02 8833 8346 Website: www.australianrotaryhealth.org.au

WELCOME NEW MEMBERS

District Secretary Peter Lamping reports the following new Rotarians.

WEST FOOTSCRAY

Margaret Haggart and Bette Prange

CAMBERWELL

Pheng Ng, John DeCarro and Ron Reid

EAGLEHAWK

Katie Byers

BRIGHTON NORTH

Linda Turner

BACCHUS MARSH

Natalie Devenny and Glenys Kay

ESSENDON

John Gorman

MELTON

Lynne Herbert

CHADSTONE/EAST MALVERN

Louise Matthews, Christine Bliss and Fiona Lewi

KYNETON

Marcus Dingle, Carolyne Savage and Graham Savage

BRIGHTON

Sven-Eric Bredenberg



THE HISTORY OF

ROMAC

Romany other worthwhile humanitarian activities, as the idea of one person. In 1988 Barrie Cooper, a Rotarian from Bendigo in Victoria in 1985, as part of an outreach team of volunteer surgeons and backup staff which went to Fiji to treat local children with cleft lips or palates, found that there were many seriously ill children who were simply too sick to be treated by their own or visiting surgeons.

It soon became apparent that this was a problem throughout the developing countries of SE Asia and the South Pacific. These forgotten children had lifethreatening conditions, or were so severely disfigured by accident, burns or congenital disorders that they were often kept hidden from society.

ROMAC, a significant Rotary program, was expanded into a Dist 9800 project in 1994-5, and other Districts soon joined in. Rotary Clubs began sponsoring some of these children to be brought to Australia for treatment by some of our most eminent surgeons who generously volunteered their skills to transform these young lives. In particular Melbourne Surgeon Murray Stapleton devoted much time and effort to ROMAC.



HENRY AND MAGDALENE BOSIN WITH TWINS EUSTOCIA AND EUSTINA, AND YOUNG BROTHER BARRIE DURING A RECENT REUNION AT HAWTHORN ROTARY CLUB. IT IS FIFTEEN YEARS SINCE THE CONJOINED TWINS WERE SEPARATED.

The idea grew so that up to 25 children were being treated each year in Melbourne, Sydney, Brisbane, Adelaide and Perth. Every Rotary District in Australia agreed to ROMAC being recognised by Rotary International as a multi-District program. Shortly thereafter the New Zealand Rotarians joined in so now all 29 Rotary districts throughout Australia and New Zealand are involved in the program.

Now recognised throughout the region as Rotary Oceania Medical Aid for Children, ROMAC uses the skills of numerous (volunteer) surgeons in many fields of activity to transform, and often save, the lives of up to 50 children each year in all the major cities of Australia and New Zealand.

The children usually come from very remote areas and are brought to Australia, as medical treatment is simply not available in their home countries. These are children with herniated brains, deformed limbs, horrific burns, heart conditions and in the case of the Bosin twins, separation as they were joined face to face from the lower chest to the umbilicus.

Over 400 children from 20 countries have benefited from treatment they couldn't otherwise have received; all this is due to the generosity of Rotarians who give of their time and resources voluntarily to raise funds and tend to the welfare of our patients.

ROMAC could not function without our sponsors and host families and the wonderful work of the surgeons and surgical teams in nearly all the major paediatric and specialist hospitals in the region.

For more information: http://www.romac.org.au/



The Placebo Effect

HEALTH TIP

PLACEBO A placebo is any medical treatment that is inert (inactive), such as a sugar pill. Around one third of people who take placebos (believing them to be medication) will experience an end to their symptoms. This is called the placebo effect.

Placebo is Latin for 'I will please', and refers to any medical treatment that is inert. The placebo has long been used in research trials to objectively test the efficacy of a new health care treatment, such as a drug. A placebo is indispensable to the conduct of many scientificallybased clinical trials. Ethical considerations require that participants in clinical trials be told that they may be given a 'dummy' treatment.

Usually, one group of people takes the drug while another group (the control grou) takes the placebo. The placebo may be a sugar pill. None of the participants know whether they are taking the active or inactive substance. Sometimes, not even the researchers know (double blind test).

Comparing the results from both groups should indicate the effects of the drug. However, people sometimes get better when they are taking a placebo. This phenomenon is

known as 'the placebo effect'. Estimates vary, but around one third of people taking placebos for complaints (including pain, headache and seasickness) will experience relief from symptoms. There are various theories that attempt to explain this phenomenon but the underlying mechanisms remain mysterious.

Read more:

http://www.betterhealth.vic. gov.au/bhcv2/bhcarticles.nsf/ pages/Placebo_effect?open

Insulin for Life

By Faye Kirkwood, **Rotary Club of Caulfield**

From small beginnings in Caulfield, Insulin for Life (IFL) Australia and Global has grown to being truly worldwide. With a Board of five members, and now seven affiliates around the world, Insulin for Life is saving many lives around the world.

IFL collects in-date, unopened and no unwanted insulin, blood glucose test strips, and other diabetes supplies (with at least 4 months to use-by date) and sends these supplies to countries in need around the world, for the poor who have difficulty paying for their needs.

Supplies are sent to Diabetes Associations, Medical clinics, Hospitals, in other words where there is some control to ensure that they are used correctly.

When there is an emergency, e.g. tsunami, earthquake etc. we can get supplies there very quickly. We also send occasionally to some countries, (when their regular supply system is having a problem), and supplies are also sent on a regular basis to some countries.

Having a close relationship with the International Diabetes Federation, we are able to get

reliable contact details both in an emergency and when requested for a new system to commence. We also work closely with the International Diabetes Federation - Life for a Child sponsorship program.

A memorandum of understanding with the National Diabetes Supply Scheme, of Australia, enables us to get a good supply of test strips and other supplies to send. We are always looking for supporters, both financial and with supplies, as sending parcels around the world is costly.

For more information visit www.insulinforlife.org for a more detailed information.

> Read The Story of Sujata



supporting oslo & utøya clubtip

How will your Club mark the sad events of Friday 22nd July in Norway and pay respect to those affected?

ollowing the recent Norwegian terrorism tragedy, District 9800 has set up a condolence page on Facebook where District 9800 Rotarians with a Facebook account can express their condolences.

We intend to pass on this page to our counterparts in District 2310 in Norway to show our support in their time of mourning.

The page can be accessed via the link on the District Website or by searching for "District 9800" (or the full title "Condolences to Norway from Rotary District 9800"). Simply visit the page while logged into Facebook, hit the "like" button at the top and you will see a text box appear that will enable you to post a message on the wall of the page.

Condolences to Norway from Rotary District 9800

community

Please encourage others in your Club to do the same, as well as encouraging your friends, your family, your Club's friends of Rotary and your Club's alumni (such as GSE teams members, youth exchange students, past members, etc).

We encourage you to share this on your wall, either by copying and pasting the URL into your status or by hitting "share" on the left hand side of the page to share this with your friends and fellow Rotarians.

We would like to show solidarity with those facing such difficulty to provide them with support, just as the world provided to our District when we faced our own tragic 2009 Black Saturday Bushfires. International fellowship means truly reaching out to those in their time of loss and there are few finer examples than in the fellowship of Rotary International.

facebook









About

Please visit this page and send your condolences and support to those in No...

More

3 people like this

Create a Page Subscribe via RSS Report Page Share

Don't have **facebook**? Not a problem...

Send an email to clarice@rotarydistrict9800.org.au and Clarice will make sure your condolences get posted to the page.



Zimbabwe's Rotary Clubs Have a Tough Struggle

Contributed by Tony Thomas

On Rotary
Friendship
Exchange with
D9210, a group
of 10 from D9800
visited Zimbabwe
in June.

Barbara Murasiranwa, past Assistant Governor of D9210, says that Rotary International minimised funding to Rotary in Zimbabwe from 2000-2009 due to the many uncertainties surrounding Zimbabwe's stability.

Because the District encompasses other countries like Zambia which were viewed by the Westerners as less risky, funds still found their way into the District.

'Even now, Zimbabwe cannot host Group Study Exchange teams from the US. However, the use of the US dollar in Zimbabwe does allow us to send GSE teams to the US.

'Basically we at Victoria Falls RC are so grateful for whatever you can send through to us from your clubs. We would like to do so many more projects. Our needs here are truly great, but we have no funds to take on new challenges,' she says.



D9800 VISITORS TO ZIMBABWE INSPECT A PRIMARY SCHOOL PROJECT NEAR VICTORIA FALLS.

Major projects just completed by the club include building two classrooms at Chamabondo Primary School, and an ablution block for the Chinotimba aged care home.

Our D9800 Friendship Exchange party from Victoria toured both projects – and was impressed by their quality.

The club has also fitted out local classrooms with donated chairs and desks. A problem is that to raise funds, the schools have to hire out their rooms on Sunday to churches which lack their own buildings. Scores of adults singing and dancing in the small classrooms cause the children's desks to crack up within a year or two. Barbara says, 'We look to strategic goals within our ability. We must be focused. It

might be water supply in one year, or literacy in another, providing books, school hardware and scholarships—which are very expensive. We can't scatter our funds. 'If we find a person badly in need of costly surgery, we can't wait to go through channels to apply for funds from Australia, for example. One ad hoc project is supporting care for a baby with hydrocephalus.'

One of the club's great fund raisers is its annual golf day – the first in 2010 raised USD3200 which repaired the main hospital's generator. 'We also have nine bingo nights annually where we take our kids, who love it,' Barbara says. 'I am proud to be a Rotarian.'



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29 July, 2011

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Read More

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NEW

The Rotary Club of Elsternwick - Celebrating 14 Years of Service

9 August, 2011

Cocktail style function with finger food and an open bar the celebration will be held at the Pitchfork Restaurant.

Read More

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