

We care. We share. We all gain.



A publication for Rotarians and all community-minded people

May Is Australian Rotary Health Research Month

"Health"

Rotary International is at the forefront in supporting programs to improve the health of people throughout the world. In Australia, the Rotary Health Research Fund is one of the largest independent health research funds.

Australian Rotary Health has been approved by the Board of Rotary International as a multi-district project and is registered under Corporation Law. It operates through a Memorandum and Articles of Association, which provide for membership to be restricted to Rotarians and for the control by a Board of Directors elected by and drawn from the members. The appointment of PDG D9800 Judy Nettleton as

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a Director of Australian Rotary Health was ratified at the Rotary Institute held in Ballarat in November 2007.

The three Patrons of Australian Rotary Health are PRIP Clem Renouf, PRIP Royce Abbey and PRIP Glen Kinross who was the personal representative of RI President Wilf Wilkinson at our recent Shepparton Conference.

How It All Began

Australian Rotary Health began in 1981 when Ian Scott of the Rotary Club of Mornington in Victoria proposed that a fund be established with the aim of raising a minimum of two million dollars through Rotary Clubs across Australia, to invest this money and to use the income in a particular field of research. "Health" as envisaged in the Australian Rotary Health, encompasses a wide vision and includes all aspects of community health.

The broad intentions of Australian Rotary Health are to act as a catalyst for projects that will improve the quality of life for those least able to assist themselves and, also to fund areas of community health not being funded by government.

By having research projects that contain a strong element of applied research, it is possible to bring about practical strategies to enhance community health in a way that allows individual Rotarians and Rotary Clubs to see the benefits applied in their own communities.

Programs Of The Australian Rotary Health

Australian Rotary Health began with one objective... to provide funds for research into Cot Death. After the initial funds were provided for Cot Death research, the additional spending was directed towards other areas of health which impact significantly on the community. Such things as...

- Environmental Health Problems for the Aged
- Adolescent Health
- Family Health
- Mental illness

But it wasn't until the Board changed its focus to <u>mental health</u> that other programs were instigated. The Board has now moved on to running many different health programs while still maintaining its major interest in funding research. Programs of Australian Rotary Health now include:

- Funding partners Grants and scholarships
- Mental Health Forums
- Indigenous Health Scholarships
- The 'Kids Matter' program
- Transport Industry Survey
- Rural Health Research Grants
- Rural Health Medical Scholarships
- Mental Health Program Evaluation

How Can You Participate In This Research?

Rotary Clubs are invited to **form a partnership with Australian Rotary Health** (ARH) to jointly fund a research project grant or a research scholarship in an area of health that is not the current focus for the fund.

For instance, a Rotary Club or cluster of clubs can join a University and ARH to jointly fund a PhD Scholarship.





\$25,000 per annum per scholarship (for a three year commitment) is required and the breakdown of contribution is as follows: \$10,000 from the Rotary club(s), \$9,000 from the university, \$6,000 from ARH. ARH will coordinate the funding.

Also Clubs and individuals can make a contribution to ARH by becoming a "Friend" or "Companion" of the Australian Rotary Health Research Fund (ARHRF). Donations over \$2 are tax deductible.

Further information can be found on the website: www.arhrf.org.au or email arhrf@arhrf.org.au or phone (02) 8837 1900.

It is also worth noting that the ARH Board has recently appointed "Ambassadors". These are Rotarians who have maintained a special interest in the program and who have agreed to assist the ARHRF District and Club Chairman to promote the fund.

PDG Des Jones is the nominated Ambassador in District 9800.

Des can be contacted via the ARHRF Chair, Ron Adams (<u>r.g.adams@bigpond.com.au</u>) or direct via email: <u>desjones@vicnet.net.au</u>.



DG John Davis & Joan

Friends-R-4

After a wonderful hard working member of the Rotary Club of Williamstown, Dowell Mitchell, returned from the Murray to Moyne bike ride, raising funds for ROCAN (Ovarian Cancer Research Project) he dropped into see the Rotary Club of Williamstown's president elect, Dr Murray Verso, to pick up some incidental cholesterol results. Two hours later he was in the Royal Melbourne Hospital suffering from ACUTE MYALOID LEUKAEMIA.

After seeing the dreadful side effects of the chemotherapy treatment, Dr Ronnie Goldberg OAM of the RC Williamstown, decided to 'do something' that would benefit Dowell and all other Leukaemia and Lymphoma sufferers. With the advice and guidance of the Leukaemia Foundation, he agreed to enlist the support of the Australian Rotary Health Research Foundation (ARHRF) in funding a three-year, \$180,000 Research Project at Peter Mac. This study, led by Associate Professor Rick Johnstone, is to "Design and test new combination therapies for the treatment of Leukaemia and Lymphoma". As a result, Friends-R-4 (F-R-4) was formed.

ARHRF has offered \$90,000 over three years, but F-R-4 must match this donation dollar for dollar.

As May is Australian Rotary Health Research Month it is a fitting time to start thinking about how you may be able to help this cause raise the necessary \$90,000.

Cheques can be made payable to 'ARHRF, (F-R-4)'. All donations over \$2.00 are tax deductible and can be sent to: Friends-R-4, C/- Rotary Club of Williamstown, PO Box 111, Williamstown VIC 3016.

Further information can be found at $\underline{www.rotarywilliamstown.org.au}$ or $\underline{www.leukaemia.org.au}$ or please email: $\underline{williamstown@rotaryd9800.org.au}$.

New Members

Welcome to the following new members:

- Libby Hughes, RC Bendigo, Friendly Society Pharmacy
- Mike Hughes, RC Bendigo, Information Technology
- David Lloyd, RC Bendigo, Arts Administration
- Kath Tointon, RC Bendigo, Emergency Relief Services
- Michael Webb, RC Laverton Point Cook, Engineering Management
- Charles Stuart, RC Southbank (transferring from RC Mansfield), Aviation Consultant

When sending advice of new club members, please include their classification.

Quip Corner: I don't care what the statistics say or what the facts are...there IS always a way! - Wes Truscott (2007)





Essendon North...

Joins Fix-Up Australia

The Rotary Club of Essendon North were hard at work on ANZAC Day, thanks to the support of the Niddrie Mitre 10, who supplied the materials to allow them to begin work on their project at Caroline Chisholm premises in Park Street, Moonee Ponds.







Camp Getaway

As a follow up to the Rotary Club of Altona City carrying out preparatory earth work at Camp Getaway on 12 April, a most successful working bee was conducted by the Rotary Club of Essendon North on 18, 19 & 20 April to erect a new verandah and front entrance and to repair and paint fences at the Caretaker's Cottage at Camp Getaway. The preparatory gang arrived on Friday together with professional chefs Coral and Hazel. They were joined on Saturday by more members of the RC Essendon North and by Peter Duras of RC Essendon. The fences were painted, and construction works were completed. A special thanks to Alan and Kerry who have had years and years of experience in the building industry, without them the project could not have gone ahead.

On Sunday the group were joined by a number of Rotarians, family and friends for



Hard working Rotarians having a well earned fellowship christening

a great BBQ lunch and tour of the complex. In all over 30 attended. RC Essendon

North should feel very proud of the work carried out and projects completed over many years at Camp Getaway.

A big THANKS to all who contributed for a job well done.

With the Cottage now almost complete it will allow the Committee to search for a suitable Caretaker to look after the complex.









ITHF - Australian Members

There are currently some 156 ITHF memberships of Rotarians in Australia, spread over all states, the ACT and NT, so that, in most parts of Australia there is a member ready and willing to help other members from near or far. Each membership includes the Rotarian and partner, all readily contactable through the directory.

PP John Steven of the RC of Camberwell johnsteven@bigpond.com Tel: 03 9882 6184 is President of ITHF and we have two Australian Vice Presidents, PP Russ Dale, russdale@bigpond.net.au Tel: 03 5245 7024, of Grovedale Victoria, VP SW Australia; and PP Bill Vanderstaay, bill@vanderstaayco.com.au Tel: 07 5574 0099 of Gold Coast, Qld VP NE Australia.

In addition to the normal international connections, members are encouraged to interconnect with fellow members nearby and join in local functions arranged for them.

Visit www.ithf.org or contact any of the above for more information.



School For The Vision Impaired - Gallipoli



John Basarin speaks at the launch

Following a visit to the Yahya Cavus Vision Impaired Primary School in Gallipoli about a year ago, John Basarin (The Director International, Brighton Rotary Club of Melbourne) along with the assistance of the School's Principal and the Australian Consul in Canakkale, Turkey, embarked on a project to assist the vision impaired students at the School by providing them with high technology equipment.

By combining the resources of the Gelibolu (Gallipoli) Rotary Club, the American Rotary Foundation and the Brighton Rotary Club, funds were raised to purchase three sets of CCTV equipment.

The launch of the CCTV equipment took

place at the School on 23 April and was fantastic. There was a very high level of attendance and high praise for the project. The local papers also gave good coverage of the launch.

This Project provides an example and a small contribution to the Australian-Turkish friendship, which had its beginnings in the tragic Gallipoli campaign of 1915.

We hope that the equipment will be helpful to the students now and in the future.

For further information please email: vbasarin@optusnet.com.au





Woodend's Myspace Page

The Rotary Club of Woodend's new Myspace page, found at http://www.myspace.com/woodendrotary has been active since just after the District Conference. It contains photos and stories on the Woodend Club's events and activities, it can also be found as a link from the district page. For further information, please contact the Club's President, and the page's creator, Grant Hocking at: grant177@aapt.net.au.





Wouldn't It Be Fantastic If... RAWCS WALK

The RAWCS organisation is moving into a new era with exciting opportunities in a number of areas. Record activities were achieved in all areas last year and the momentum is building particularly with the projects to reduce malaria.

As we all know, opportunities bring challenges and one that we must address is raising the core funds to underpin our activities and commitments. RAWCS Ltd is a public company and that brings additional statutory obligations to operate in a solvent and transparent way.

One way we propose to build our capital base is to introduce **RAWCS WALKS** where a group of supporters will accept the challenge of trekking some of the great walks of the world. We have in mind the Kokoda Trail, the Overland Track in Tasmania and Milford Sound in New Zealand to name a few.

We invite Rotarians to walk the Kokoda Trail in late August/early September 2008. Bookings have been made and we are seeking expressions of interest now and a final decision by mid-May. The scale and timing of the trip will depend on the numbers signing up to challenge and conquer one of the world's hardest and most spectacular treks.

We are seeking the support of the District Governor, the District Governor Elect and the RAWCS Chairman in each District to select TWO walkers to be the District's representatives.

Walkers are requested to undertake fund raising activities in their own District and to announce their achievements at a meeting at an appropriate spot along the Trail. Walkers will receive an information package to assist with registration and fundraising.

The support of each Club is requested. Wouldn't it be fantastic if all Clubs agreed to sponsor a walker to the tune of \$1 per kilometre, that is, \$96 per Club.

Our target is \$2,000 per kilometre and the donations will be allocated to the new "Future Fund", the Overseas Aid Fund and our project accounts. The future fund has been recently set up to hold capital on a permanent basis and provide annual income for operations.

Please support the future operations of:

- Rotarians Against Malaria;
- Donations in Kind; and
- Rotary Volunteers.

The Chairman of RAWCS, PDG Lou Johnson and Mary will be planning the trip and can be contacted at: marlou@tassie.net.au.



Notices & Events

Rotary Camp Getaway supporters

The next Rotary Camp Getaway meeting will be held this **Wednesday**, **7 May**, 12.30pm at the All Seasons, McIvor Highway, Bendigo. A light lunch will be provided. For further information please contact: Paul Kirkpatrick via email on paulk@accessemployment.com.au.

Rotary Club of Echuca Moama

As from **Wednesday**, **7 May** the Rotary Club of Echuca Moama will meet at the Rich River Golf Club, 24 Lane Street Moama at 6pm for 6.30pm. For further details please contact Club Secretary, Peter Mangan on 0417 200 585.

Rotary Club of Altona City

The Rotary Club of Altona City will meet at the Dragon Temple Restaurant, 25 Somers Parade Altona, 6.00pm for 6.30pm on **Monday, 12 May**.





Dinner With Li Cunxin. 'Mao's Last Dancer'

Rotary Club of Bacchus Marsh presents a very special dinner with Li Cunxin, 'Mao's Last Dancer' on **Friday, 16 May 2008** at 7.30pm, Witchmount Winery, Rockbank.

From humble Chinese peasant to artisan on the World Stage, this is a powerful story of the triumph of the human spirit. Li Cunxin (pronounced "Lee Schwin Sing") is a remarkable man borne of a remarkable journey. The inspirational author of the top selling book 'Mao's Last Dancer', Li has a fascinating life story. Born into bitter poverty in rural China and suffering the hardship of peasant life, Li Cunxin was offered one chance. The sixth of seven sons, Li began his life-changing journey at an early age. Dedication and determination are the hallmarks of Li Cunxin's life. Taken from his parents to be trained in the art of ballet, through hard work, competition, and sacrifice, he discovered opportunities undreamt of in rural China. Li perfected his art and became Principal Dancer in the Beijing Ballet. In a twist of fate, he defected to the United States. Li's amazing true story is being transformed into a movie, to be directed by Australian cinema legend Bruce Beresford which starts production this year.

Tickets: \$80 each or table of 10 for \$725. Includes 3 course meal, limited wine and beverages.

RSVP: Michelle or Cheryl at Smith & Gilbert on 5367 3088 or Reception at Bacchus Marsh Vet Centre on 5367 4000.

Books 4 Books

The Rotary Club of Woodend will be holding a book sale on **Sunday, 18 May** in Woodend. Books will be on sale for \$1-2 each and the money raised will be used to purchase a selection of books on Sustainability and the Environment to be placed at the local library. It is hoped that the community will support the project and donate books towards the fundraising project. The date coincides with the outdoor market so why not make the trip to Woodend and visit a lovely part of the Macedon Ranges only 45 minutes from the CBD.

Stay for lunch, visit many of the local attractions and wineries but most of all drop in and buy a book or two to support the Rotary Club of Woodend.

Call President Grant Hocking for more details.

Rotary Club of Kyneton

There will be no meeting of the Rotary Club of Kyneton on **Monday**, **19 May**. Instead the Kyneton Club will be joining with the Rotary Club of Castlemaine for its meeting on the **Wednesday 21 May** in Castlemaine.

There will be a change of venue for the regular meeting on **Monday, 26 May**. Instead of the normal venue of Kyneton Bowling Club, the meeting will be held at Zetland Lodge Hall, Piper Street, Kyneton. The meeting will be a Cambodian Night featuring authentic Cambodian cuisine.

For further details please contact: Bob Gray, Secretary on 5425 5537

Welcome Back Dinner for GSE Team

The Rotary Club of Chadstone / East Malvern is hosting the Welcome Back Dinner for our District's GSE Team. This important event welcomes all Rotarians and their guests to hear and see the experiences of our GSE Team. This event will be at the beautiful Kooyong Lawn Tennis Club, 489 Glenferrie Road, Kooyong featuring a sumptuous full three course buffet dinner with drinks at bar prices on **Wednesday**, **21 May** 7.00pm for 7.30pm. Ample free parking is available opposite Kooyong, in the Kooyong Park Public Car Park, next to Vision Australia. Dress: Lounge Suit, \$50 per head (full 3 course dinner). Please contact Michael Bennett on 0412 636 264 or michaelbennett@live.com.au

Yarra Cluster Business Breakfast – The Boroondara Paper

"Science and the Challenge for the Future"

Nobel Prize winner, Professor Peter Doherty has been invited to speak at the second Yarra Cluster's Boroondara Paper to held **Friday, 23 May 2008** from 6:45am for 7:15am and winding up in good time to get to the office at 8:30am, at Leonda, 6 Wallen Road, Hawthorn.

Professor Peter Doherty shared the Nobel Prize in Physiology or Medicine in 1996 with Swiss colleague Rolf Zinkernagel, for their discovery of how the immune system recognises virus infected cells. He was Australian of the

Year in 1997, and has since been commuting between St Jude Children's Research Hospital in Memphis and the Department of Microbiology and Immunology at the University of Melbourne. His research is mainly in the area of defence against viruses. He regularly devotes time to delivering public lectures, writing articles for newspapers and magazines and participating in radio discussions.





Peter Doherty graduated from the University of Queensland in Veterinary Science and became a veterinary officer. Moving to Scotland, he received his PhD from the University of Edinburgh Medical School. He is the first person with a veterinary qualification to win a Nobel Prize.

Peter is also the author of several books, including "A Light History of Hot Air" and "The Beginner's Guide to Winning the Nobel Prize".

The Boroondara Paper is a joint project of the Rotary Clubs of Glenferrie, Hawthorn, Kew and Kew on Yarra, and proceeds will go towards "Boroondara Cares" a unique Rotary project of the combined clubs in the City of Boroondara.

Please contact John Hudson on 9882 2663.

Kids Day Out - Featuring Wags the Dog

Richmond Rotary's 'Kids Day Out will be held on **Sunday**, **25 May**. Featuring Wags the Dog!!

It will be held at the Collingwood Town Hall, 140 Hoddle Street, Abbotsford (Melway ref: 2C, H10).

Entertainment, free face painting, jumping castle, slides, fun, food & drink.

Suitable for toddlers to 8 year olds plus.

2 sessions:

10.00am and 1.00pm

Tickets: \$10 each (Under 12 months free). For tickets visit: www.rotaryrichmond.org.au

All proceeds to Heart Kids and Comora Kindergarten, East Timor.



RC Yarraville, Indiana Jones and the Kingdom of the Crystal Skull!



RC Yarraville invite you to a night at the movies on **Tuesday, 27 May**, 6.15pm for nibblies and 7.00pm start of movie at the Sun Theatre, 8 Ballarat St, Yarraville.

Tickets: Adults:\$15, Children: \$10 (children 14 years or less.) Ticket price includes nibblies before movie, and drinks at bar prices.)

Please contact Gerard White via email: mailto:King67@optusnet.com.au or phone 0438 072 153.

Fun In Retirement Expo

The Rotary Club of North Balwyn, in conjunction with the City of Boroondara will be staging the inaugural Fun In Retirement Expo (FIRE) at the Boroondara Sports Complex from **5-7 July 2008**. FIRE will showcase the huge variety of businesses and community groups catering for the rapidly growing number of Boroondara citizens in 'The Third Age'. Our aim is to show the 50+ members of our community what is available to them, and to encourage them to become more involved in the life of the community, putting more richness and variety into their lives. You are invited to take a booth at FIRE to show your wares to this age group who have both the money and the time to take up new hobbies; to develop themselves mentally and physically; to become more involved in their community; or to just indulge themselves! Visit www.funinretirement.com.au for more details.





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May Is Australian Rotary Health Research Month

ShelterBoxes Arrive In Burma

With the United Nations estimating over 1 million Burmese people left homeless in the wake of Cyclone Nargis, we are appealing to the public to help provide shelter and basic survival essentials in the devastated region.

Rotary District 9800 is calling upon its Clubs and the community to support the *ShelterBox For Burma Appeal*, all donations going directly toward meeting the most immediate needs of Burmese people left without shelter and basic necessities. With time a critical factor in preventing further loss of life, the first airlifts of ShelterBoxes have already arrived, along with Rotary's ShelterBox Response

Team – one of the few world aid organisations to receive Burmese Government permission to enter the country.

The death toll already appears to be mounting into the hundreds of thousands, so it's crucial we get shelter and clean water to the survivors as soon as possible to prevent it rising further.

Each ShelterBox contains a 10 person family tent, bedding, cooking facilities, a water filtration system and other basic necessities required following natural disasters. While Government aid and charity contributions often provide important relief and assistance when it comes to rebuilding in the long term, for the people at the heart of the disaster, short-term survival is much more of a priority.

It's a huge task to try to provide meaningful assistance to that many people, but we know the situation won't solve itself. There are people without a place to sleep tonight, without anything, who desperately need tangible relief.

The focus of Rotary Club efforts on providing practical assistance has made a difference in a great number of lives around the world in recent times. In the last 18 months Australian Rotarian donations have provided ShelterBoxes to over 5,000 people following disasters in Bangladesh, Kenya, Mexico, Nepal, Nicaragua, Papua New Guinea, Pakistan, Somalia, Swaziland and Uganda.

The Burmese tragedy has had a particularly strong impact on the Rotary Club of Essendon who have had a close association with Burma, having sent donations of medical equipment and delegations to the Yangon Children's Hospital each year since 2000. In addition to their support of the local children's hospital in the city formerly known as Rangoon, the Rotary Club of Essendon has also supported a local Yangon school by paying for the full complement of teachers' wages as well as feeding the local students every day.

"It takes on a personal significance when you see pictures coming back of children being rushed to the hospitals we've been working with," said Richard Lawrence, President of the Rotary Club of Essendon.

"We know that the work we have done in the past will contribute to aiding current efforts, but more than anything

right now we are determined to get the public behind the effort to provide more ShelterBoxes to Burma."

With each box airlifted from a central deployment centre with the help of Rotary volunteers, Rotarians are able to ship out hundreds of ShelterBoxes a day.

Each ShelterBox costs AUD \$1,200 including materials, packing, storage and transport worldwide.

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We care. We share. We all gain.





I echo the sentiment that every cent counts and every cent will be put to the best possible use by the volunteers heading up the efforts.

I understand that some members of the public are cautious or cynical in providing donations given perceptions of the present regime in Burma, but with ShelterBoxes we know the donation is going directly to practical, real and tangible relief for the people themselves

Rotary District 9800 is working with other Australian Districts and Clubs in this crucial endeavour to support the people of Burma in their hour of need.

I encourage your Clubs to support this Appeal.

Donations can be made either via the ShelterBox Australia website: www.shelterboxaustralia.com.au, the RC Essendon website: http://rcessendon.com.au or by sending a cheque payable to "ShelterBox Australia" to the RC Kew (Att: Roger Fasken, District ShelterBox Co-ordinator), PO Box 101, Kew, 3101.

~ District Governor, John Davis

ARHRF Partners Program Alive And Well

The Funding Partners program of Australian Rotary Health Research Fund (ARHRF) has proved to be a highly successful initiative to enable Clubs to sponsor research into areas of particular interest outside the main focus of the Fund of mental health. In 2008 the Fund has allocated \$578,000 to 37 PhD Scholarships and \$324,000 to 12 Research Grants.

As is common with Rotary projects these research initiatives come from passionate views on diseases that have been close to the hearts of Rotarians in Clubs throughout Australia. Clubs agree to raise the required funds to partially support either a research grant or a PhD Scholarship. ARHRF contributes the balance for a Research Grant and shares with a Research Institution for a PhD Scholarship.



A number of Clubs in District 9800 have been involved with the Funding Partners Program. These include RC Brighton, RC Williamstown, RC Melbourne, RC Gisborne, RC Camberwell, RC Bendigo South.

Judy Nettleton, Director of ARHRF was fortunate to attend The Margaret Roberts, Motor Neurone Disease Research Scholarship Annual Dinner on Thursday 8 May to hear the latest research developments from Professor Phil Beart, Director of the program at the Howard Florey Institute, together with the two researchers Adam Walker and Rebecca Sheean.

Approximately 70 supporters, sufferers, related organisations and the Mayor, David Jones and Councillor Rod Fyfe from the Greater City of Bendigo were in attendance to be educated and informed about the latest awareness of the process leading to the death of cells surrounding the motoneurons and leading to the progression of the disease. The RC of Bendigo South is to be congratulated on their initiative in supporting research into this currently incurable disease.

For further information on the Funding Partners Program of Australian Rotary Health please contact Director, Judy Nettleton on 9428 1000, 0402 083 848 or ace-heat.com.au.

More Great News from Camp Getaway



Great teamwork from RC Point Gellibrand and the Open Family organisation saw a great working bee on Saturday at Rotary Camp Getaway. Many jobs were completed with the youth and enthusiasm of young people from Open Family, under the guidance and support of Point Gellibrand members

Point Gellibrand members support the Open Family organisation in many ways, including scholarships and camps for leaders. It is anticipated that such camps can occur at Rotary Camp Getaway in the future.



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Return of GSE Team

DG John, Dennis Shore, Iven Mackay, Michael Hick and associated family members welcomed home our Group Study Exchange team on Wednesday, 7 May. The Team Leader, Anne will return next week.

It was good to see the team reunited with Michael and it would seem they have had a wonderful exchange.

We look forward to hearing from them at the Welcome Back Dinner on the Wednesday, 21 May at the Kooyong Lawn Tennis Club. (see 'Notices & Events' below).



Right: John Davis and the GSE Team

New Members

Welcome to the following new members:

- Ken Richmond, RC Bendigo, Superannuation Consultancy
- Nicole Cox, RC Bendigo, Management Accounting
- Greg Bickley, RC Bendigo, Business Development
- Sunil Dahiya, RC Essendon North, Telecommunications Marketing
- Dan Watts, RC Essendon North, Printing Commercial

District 9800 Awards!!!

- Share your great ideas and projects
- Gain recognition
- Record your club's history

Need More Information?

All your club projects are relevant. A description of the project, who was involved and some photos are the basic requirements. Your entry does not have to be a 'Best Selling' book!

Criteria may be downloaded from the District website at: http://www.rotarydistrict9800.org.au/Members/RotaryDistrict9800Awards

Critical Dates

1 June 2008 All submissions due (hard copy only)

29 June 2008 Awards Presentation at District Governor's Changeover Dinner

Contact District Awards Chairman Lyndon Joss for more information. Phone/fax: (03) 9885 0473 AH, or email: lyndonjoss@optusnet.com.au or post: 1 Harold Avenue, Glen Iris, Vic, 3146



What's the good of being grown-up if you can't be childish?







Vision Australia – Potential For Your Club's Speakers Bank

Vision Australia's *i-acc*ess Project is the most exciting innovation in the lives of people who are blind or have low vision since the advent of Braille. Around 1.5 million Australians are unable to read print with ease.



Vision Australia's *i-access* Project aims to ensure people with a print disability have blindness and low vision services greater access to information using digital technology.

Vision Australia is happy to send speakers who are blind or have low vision to any interested Rotary Clubs to illustrate *i-access* and how it is changing lives. For details contact James Nevein, Vision Australia, 557 St Kilda Rd., Melbourne, 3004. Tel: 9522 5232 or email: <u>james.nevein@visionaustralia.org</u>

Notices & Events

Exchange Student from Thailand

Utchin Sunee of the Rotary Club of Naresuan, Thailand has been in contact with Peter Schultheiss, the President of RC Sunshine with the request to find a Club that would be able to look after a young lad as an exchange student. If your Club can help, please contact Peter by email: westbound5@bigpond.com

Dinner With Li Cunxin, 'Mao's Last Dancer'

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From humble Chinese peasant to artisan on the World Stage, this is a powerful story of the triumph of the human spirit. Li Cunxin (pronounced "Lee Schwin Sing") is a remarkable man borne of a remarkable journey. The inspirational author of the top selling book 'Mao's Last Dancer', Li has a fascinating life story. Born into bitter poverty in rural China and suffering the hardship of peasant life, Li Cunxin was offered one chance. The sixth of seven sons, Li began his life-changing journey at an early age. Dedication and determination are the hallmarks of Li Cunxin's life. Taken from his parents to be trained in the art of ballet, through hard work, competition, and sacrifice, he discovered opportunities undreamt of in rural China. Li perfected his art and became Principal Dancer in the Beijing Ballet. In a twist of fate, he defected to the United States. Li's amazing true story is being transformed into a movie, to be directed by Australian cinema legend Bruce Beresford which starts production this year.

Tickets: \$80 each or table of 10 for \$725. Includes 3 course meal, limited wine and beverages.

RSVP: Michelle or Cheryl at Smith & Gilbert on 5367 3088 or Reception at Bacchus Marsh Vet Centre on 5367 4000.

We all want the same thing.

And the 1.2 million members of Rotary around the world are making it happen.

Rotary's educational programs and scholarships are dedicated solely to promoting peace.

Together we can create a more peaceful world.

Rotary. We Care. We Share. We All Gain.

www.rotarydistrict9800.org.au







Books 4 Books

The Rotary Club of Woodend will be holding a book sale on **Sunday**, **18 May** in Woodend. Books will be on sale for \$1-2 each and the money raised will be used to purchase a selection of books on Sustainability and the Environment to be placed at the local library. It is hoped that the community will support the project and donate books towards the fundraising project. The date coincides with the outdoor market so why not make the trip to Woodend and visit a lovely part of the Macedon Ranges only 45 minutes from the CBD.

Stay for lunch, visit many of the local attractions and wineries but most of all drop in and buy a book or two to support the Rotary Club of Woodend. Call President Grant Hocking for more details.

Rotary Club of Kyneton

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Dress: Lounge Suit - \$50 per head (full 3 course dinner).

Please contact Michael Bennett on 0412 636 264 or michaelbennett@live.com.au

Yarra Cluster Business Breakfast - The Boroondara Paper

"Science and the Challenge for the Future"

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The Boroondara Paper is a joint project of the Rotary Clubs of Glenferrie, Hawthorn, Kew and Kew on Yarra, and proceeds will go towards "Boroondara Cares" a unique Rotary project of the combined clubs in the City of Boroondara.

Please contact John Hudson on 9882 2663.





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12.30 p.m. - Wine Tasting

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Arguably, the coldest wine growing region in Australia, they produce exceptional cold climate wines. An example is the 'Mystic Park Sparkling Macedon' which is produced in 'Methode Champenoise' style and spends a minimum of 2 ½ years on yeast lees before disgorging. The estate grown table wines are light and fresh in nature with low yield premium quality being evident in each bottle. Glen Erin Vineyard is very boutique with wines only being sold at cellar door and in the restaurant. The Grange Restaurant at Glen Erin offers the warmth and friendliness of a true country retreat. We'll dine inside in front of open fires with picturesque views over the vineyard and hills beyond

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The Concert will be held at 2pm on Sunday, 1 June 2008, St John's Catholic School Hall, 494 Whitehorse Road, Mitcham (Parking at Rear of School) Proceeds will provide urgently needed funding for Rotary Scholarships to train Aboriginal Medical professionals for remote communities, and provide solar power for community centres in East Timor.

\$25 per head / \$15 Concession. To Book: Phone Sharon Partridge, President of RC Mitcham (03) 9873-5848 / 0438 221366 or email: sharon.partridge747@bigpond.com

The Rotary Club of Mitcham thanks their sponsors; Father Mark and St John's Mitcham, Tony Robinson MLA Member for Mitcham, and the Whitehorse Friends of Reconciliation.

Book NOW as we expect A SELL OUT CONCERT! - An afternoon NOT to be missed!







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become more involved in the life of the community, putting more richness and variety into their lives. You are invited to take a booth at FIRE to show your wares to this age group who have both the money and the time to take up new hobbies; to develop themselves mentally and physically; to become more involved in their community; or to just indulge themselves! Visit www.funinretirement.com.au for more details.









Know someone who would make a great Rotarian?



Bring them along to your next meeting.











We care. We share. We all gain.



A publication for Rotarians and all community-minded people

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May Is Australian Rotary Health Research Month

The Year Ahead

Last Sunday we gathered at the **District Assembly** to hear the Theme and Objectives of the 2008-9 Rotary year. If you were there because your President Elect had asked you to accept a particular area of responsibility in your club in the year ahead, thank you for making this commitment.

We were very impressed with the preparation and enthusiasm of the speakers as they presented their exciting initiatives for the 2008-9 Rotary year. Everything is 'on track' to fulfil the theme and, in a many faceted way, **Make Dreams Real.**

I'm sure that when we all left La Trobe University we were motivated and committed to make our area of responsibility in our Club something that we, and our memberships, club could be proud of. Try to maintain that feeling over the next 12 months.

However, to borrow from football parlance... there's a vast difference between the first training run and holding the premiership cup aloft ... in short, the 'feel good' isn't followed by a sustained plan of action.

WHY?

Is it because we get a sufficiently good feeling by just making the resolution to do better or implement a new attitude?

Is it that after making the commitment and sharing the euphoria of the moment, we drop back to the normal routine of life and all is forgotten?

Following through is seldom easy. It takes willpower, strength of purpose and a strong commitment to the task ahead.

In Rotary we are often asked to carry out tasks.... some enjoyable, some arduous, some boring and some (occasionally) unpleasant. It has however been a tradition in Rotary if asked to undertake a task to say "YES". However if you've said YES and then don't intend to follow through, you've disappointed two people... yourself and the person who asked you. It is far better to be honest with yourself and only give the answer YES if you do intend to following through to the completion of the task?

There are many people in our community relying on you for their support, don't let them down.

Having said that, it must also be pointed out that **Rotary is a voluntary organisation** and that we should always acknowledge that members can only give whatever time they can afford after family and vocational responsibilities have been met. For its part Rotary can only give service to others through the involvement of its members. Making Rotary membership worthwhile and meaningful can only occur if some sacrifices are made so that service to others can be implemented.

My hope is that in the new Rotary year, you can all strive to participate to your fullest potential within your club activities, programs and projects.

Seek out qualified men and women to join your Club so that they may help you in giving service to others. Take pride in being a member of your Rotary Club and wear your Rotary pin on all appropriate occasions.... and, if asked, take on a task and fulfil it to the best of your ability. ~John Davis, District Governor

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The Year Ahead	1
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Celebration	2
Shine On Awards	4

New Members

Notices & Events.....

How's Your Club Shaping Up?......

DG's Change Over Celebration

Make Dreams Real In 2008

Sunday 29, June at Leonda by the Yarra 2 Wallen Road, Hawthorn

Pre-lunch drinks start at 11:30am

Debra Byrne

Australian icon of stage & screen will headline the fantastic entertainment!!

Please see over page for further information and RSVP form



DG John Davis and Joan

MORE INFORMATION ON DG'S CHANGE OVER CELEBRATION OVER PAGE







2008 District Governor's Change Over Celebration

Come and support the District Governor's Change Over Celebration

At

LEONDA By the Yarra

2 Wallen Road, Hawthorn

Sunday 29th June 2008

Commencing at 11:30am for pre-lunch drinks

Lunch, including all liquid refreshments

Entertainment provided by Australian icon of stage & screen Debra Byrne

Concluding at 3:00pm

\$65 per person (Tables of 12 available)

We would like to thank John Davis for his leadership Sharing the Vision in 2007





And show our support for

Jim Studebaker 6

Make Dreams Real In 2008

Bookings to be confirmed by **Friday, 13 June 2008**Forward RSVP Form (over page) to:
ROBERT EGGERS REAL ESTATE, 72A Doncaster Road, Balwyn North 3104 **Phone**: (03) 9859 9517 **Fax**: (03) 9859 3248 **Email**: wendy@roberteggers.com.au







RSVP form for District Governor's Change Over Celebration:

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Shine On Awards

The Shine on Awards (SOA) recognise outstanding community service by people with disabilities who, by their actions, serve as "Shining Examples" to the community at large. Through their commitment to helping others in the spirit of "Service above Self" they provide a significant contribution to the quality of life of others in the local and wider community. Dawn and Jack Watson (RC Brimbank Central) have been the driving force behind the Victorian Combined Districts SOA and continue to make it the success that it is.

In Victoria the Awards are presented annually by Rotary Southern Districts (9780, 9790, 9800, 9810 and 9820). Each District takes it in turn to host the Awards Presentation Ceremony.

Margie Desmyth has been associated with SOA for 10 years. This year the nominee was June Maree Duncan, a Radiographer by profession. June suffered a severe spinal lumbar injury in the course of her profession which was further complicated by an unsuccessful operation. She has since been diagnosed with MS which is progressively contributing to her disability. In spite of



President Elect RC Brighton Beach, Margie Desmyth and SOA nominee, June Duncan

these obstacles June does an enormous amount of charitable and community work in the Torquay area and is an outstanding example of "Service above Self".

GSE Program



Following the recent return of the GSE Team, if Clubs would like a first hand insight into the recent GSE program, Team Leader, Anne Peace invites Clubs to contact her so that arrangements can be made for the Team to present at one of their Club meetings". Email Anne at: fairway@iinet.net.au.

New Members

Welcome to the following new members:

- Peter Simmons, RC Bendigo, Occupational Training
- Lyn Comer, RC Bendigo-Strathdale, Metal Manufacturing
- Richard Balsillie, RC Camberwell, Association Management
- John Maxwell, RC Camberwell, Pharmacy
- · Vic Abfalter, RC Essendon, Accounting
- Lino Airo Farulla, RC Essendon, Engine Design
- Simon Cookson, RC Essendon, Real Estate
- Peter Halaseh, RC Essendon, Business Management Pharmaceutical
- · Leo Herrick, RC Essendon, Food Inspector
- Noel O'Brien, RC Essendon, Honorary Member
- Christopher Gordon, RC Flemington, Business Administration
- Neil Aplin, RC Melbourne
- Peter Payne, RC Melbourne
- John Spencer, RC Melbourne
- Catherine Sullivan. RC Melbourne
- Andrea Walton, RC Prahran

Quip Corner:

Why is the alphabet in that order? Is it because of that song?

Rotary District 9800 Issue 42, 19 May 2008 Page 4





Notices & Events

RC Flemington

The Rotary Club of Flemington will change its meeting location for its breakfast meeting on **Wednesday**, **21 May** to the **Riverside Golf and Tennis Centre**, **Newsom Street**, **Ascot Vale**, same time 07:30am for 07:45am - the previously advised alternate venue was unavailable.

Garden Party and Market Fair

2008 marks 50 years since Prime Minister (Sir) Robert Menzies officially opened International House. It began with 42 male students, and with determination, hard work and support from the community it is now home to 270 outstanding students from 26 different countries. This unique culmination of students in the heart of Parkville is the result of numerous fundraisers conducted to support the establishment during the early 1950s, one of which was the International House Market Fair. This event, traditionally held on the University of Melbourne grounds, was the most successful fundraising opportunity owing to the large number of stalls and high quality produce.

As the final event to mark International House's 50th year celebration, you are invited to attend the Market Fair and Garden Party, to be held on the International House campus, from 12pm – 3pm **Saturday, 24 May**. As a smaller replica of its former self, this Market Fair and Garden Party will host a range of stalls, an archive display, a small art gallery and Devonshire tea. The festivities will also include the naming of our new building by a special guest, who is yet to be announced.



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Exchange Student from Thailand

Utchin Sunee of the Rotary Club of Naresuan, Thailand has been in contact with Peter Schultheiss, the President of RC Sunshine with the request to find a Club that would be able to look after a young lad as an exchange student. If your Club can help, please contact Peter by email: westbound5@bigpond.com







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Essay Competition

Why did young Australians enlist in the Australian Defence Forces to serve overseas in the First World War?

To commemorate the 75th anniversary of the completion of the Great Ocean Road by returned servicemen, The Victoria Branch of The Order of Australia Association is conducting an essay competition. Entrants must be Australian citizens domiciled in Victoria and aged between 17 and 25. The prize is a fully paid escorted tour to Gallipoli and the Western Front in France, an around the world economy air ticket and \$5,000 cash for living expenses.

For further information please go to the link: www.vicessay.org.au or contact Marjorie Morgan by email: marjoriemorgan@optusnet.com.au









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How's Your Club Shaping Up?

Congratulations to all Clubs on 100% reporting for April - Well Done!!

No. of Clubs Reporting	69
% Average of Those Reported	68
% of Clubs Reporting Membership	100

				Members				
Club	Cluster	No. of	Attendance %	As at 1	Start	End April	%	
		meetings		July 2008	April		Change	
Tullamarine	Gateway	4	57%	14	21	21	50.0%	
Woodend	Calder	3	57%	13	18	18	38.5%	
Melbourne North	Gateway	3	67%	21	26	26	23.8%	
Melton Valley	Westside	5	87%	13	15	16	23.1%	
Essendon North	Gateway	5	66%	27	31	33	22.2%	
Bendigo	Goldfields	5	65%	78	85	93	19.2%	
Malvern Southbank	Monash Batman	5 5	71% 51%	40 23	46 26	47 27	17.5% 17.4%	
Balwyn	Eastside	5 4	51% 77%	77	26 91	90	17.4% 16.9%	
	Batman	5	61%	55	64	64	16.4%	
Altona City	Port Phillip	4	74%	28	32	32	14.3%	
Brunswick	Heritage	4	55%	29	31	33	13.8%	
Kew-on-Yarra	Yarra	4	78%	22	25	25	13.6%	
Echuca-Moama	Goldfields	5	65%	24	28	27	12.5%	
Maribyning Highpoint		5	65%	16	18	18	12.5%	
Brighton	Beachside	4	60%	125	140	140	12.0%	
Daylesford	Calder	5	66%	26	29	29	11.5%	
Moonee Valley	Gateway	5	71%	18	21	20	11.1%	
Caulfield	Beachside	4	72%	10	11	11	10.0%	
Flemington Albert Park	Hobsons Bay Batman	5 5	77% 51%	20 43	23 46	22 47	10.0% 9.3%	
Melton	Westside	5	74%	43	48	48	9.3%	
Keilor East	Gateway	4	83%	38	40	41	7.9%	
Camberwell	Eastside	4	68%	61	65	65	6.6%	
West Footscray	Hobsons Bay	4	69%	31	33	33	6.5%	
Hawthorn	Yarra	4	55%	70	75	74	5.7%	
North Balwyn	Eastside	4	84%	89	94	94	5.6%	
Melbourne	Batman	5	49%	257	271	270	5.1%	
Laverton Point Cook	Port Phillip	5	59%	20	20	21	5.0%	
Bendigo South	Goldfields	4	66%	41	43	43	4.9%	
Canterbury	Eastside	4	70%	43	45	45	4.7%	
Gisborne	Caldfields	5	59%	25	26	26	4.0%	
Bendigo Sandhurst Brimbank Central	Goldfields Westside	5 5	75% 86%	51 27	52 26	53 28	3.9% 3.7%	
Port Melbourne	Batman	5 4	38%	21	26 56	28 53	3.7%	
Footscray	Hobsons Bay	4	50%	56	58	58	3.6%	
Eaglehawk	Goldfields	4	79%	38	39	39	2.6%	
Chadstone / East	Monash	5	74%	44	45	45	2.3%	
Kew	Yarra	4	72%	53	54	54	1.9%	
Carlton	Heritage	5	96%	41	41	41	0.0%	
Collingwood	Heritage	4	67%	21	21	21	0.0%	
Glen Eira	Beachside	5	76%	25	24	25	0.0%	
Kangaroo Flat	Goldfields	4	56%	31	31	31	0.0%	
Keilor	Gateway	4	82%	36	36	36	0.0%	
St Kilda Toorak	Monash Monash	5	75%	11	11	11	0.0%	
Williamstown	Hobsons Bay	4 4	78% 61%	35 29	35 29	35 29	0.0% 0.0%	
Yarraville	Hobsons Bay	5	71%	29 19	19	29 19	0.0%	
Richmond	Heritage	4	67%	47	46	46	-2.1%	
Brighton North	Beachside	5	74%	44	43	43	-2.3%	
Melbourne South	Batman	4	54%	37	36	36	-2.7%	
Bendigo Strathdale	Goldfields	5	75%	30	29	29	-3.3%	
Fitzroy	Heritage	4	90%	30	29	29	-3.3%	
Hoppers Crossing	Port Phillip	3	78%	30	29	29	-3.3%	
Altona	Port Phillip	5	61%	27	26	26	-3.7%	
Sunshine	Westside	5	75%	24	23	23	-4.2%	
Kyneton	Calder	4	82%	38	36	36	-5.3%	
Point Gellibrand	Hobsons Bay	5	86%	36	34	34	-5.6%	
Castlemaine Essendon	Calder	5	73%	52 94	49	49 76	-5.8%	
Essendon Glenferrie	Gateway Yarra	5 4	62% 75%	81 48	75 45	76 45	-6.2% -6.3%	
Prahran	Monash	5	75% 77%	48 30	45 28	45 28	-6.7%	
Bacchus Marsh	Westside	5 5	75%	39	36	36	-6.7% -7.7%	
Petery District 0900			2 10 May 2008				Page 9	



We care. We share. We all gain.



A publication for Rotarians and all community-minded people

May Is Australian Rotary Health Research Month

Choosing Wisely

Diverse opinions for treating prostate cancer demand an individual approach.

This week is part of the month in which we highlight health projects and I would particularly like to draw your attention to an article in the May 2008 issue of *The Rotarian* by Rebecca Voelker.

It explains, in simple language, the options facing men with prostate cancer. Many Clubs in District 9800 have run very successful information nights to make men in our community more aware of the symptoms of prostate cancer and the need to seek an early examination if symptoms arise.

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The symptoms surrounding prostate cancer, until fairly recently, were not widely publicised and Rotary Clubs in our District have played an important part in raising this awareness. It is also encouraging to see, in recent months, a series of public health announcements on television providing further information on possible symptoms related to prostate cancer. For more information as to how your club can make a contribution to raising the awareness of prostate cancer please contact Jo Fairbairn at: jfairbairn@prostate.org.au.

When Rotarian Paul Williams was diagnosed with prostate cancer in 2006, he knew what he didn't want. "I ruled out surgery, considered by many to be the gold standard in treatment, as well as x-ray therapy and brachytherapy, because I knew the side effects" said Williams, a member of the Rotary Club of Medina Sunrise, Ohio, USA.

Like Paul Williams, many men who are diagnosed with prostate cancer decide against radical prostatectomy, or removal of the prostate gland. The American College of surgeons' National Cancer Database tracked more than 117,000 prostate cancer cases diagnosed in 2004, and found that 53 percent did not involve surgery.

Cancer treatment decisions are never easy, but choosing an appropriate course of treatment for prostate cancer can be quite complicated. Treatment recommendations are based on many individual characteristics, such as the patient's age, and existing health conditions, the size and aggressiveness of the tumor, and whether the cancer has spread beyond the prostate. And there is no clear-cut answer as to what the best treatment is for men with early-stage prostate cancer. The American Urological Association says that these men make up 91 percent of the 234,000 cases diagnosed annually in the United States. Many men immediately opt for surgery, wanting peace of mind that they will be 'cancer free'.

But research shows that about 35 percent of men who have their prostate removed will have a biochemical recurrence. And the American Cancer Society says that for men with tumors that have not spread beyond the prostate or nearby tissue, radiation offers cure rates similar to surgery.

Men with early stage tumours may elect to consider several non-surgical treatment options. One is active surveillance, sometimes referred to as "watchful waiting". It consists of monitoring with PSA tests, digital rectal

exams, or repeat biopsies of the prostate. If symptoms develop or the cancer grows, treatment can be offered. The risk is that the cancer could grow in between scheduled monitoring, eventually limiting options for treatment.

After receiving a prostate cancer diagnosis some men base their own treatment choice on what a friend or relative decided to do after being diagnosed. That can be a mistake as the nature of prostate cancer can vary significantly as can the course of action selected.

DG John Davis and Joan

Rotary Clubs are getting the word out about prostate cancer. The forums that have been arranged in our District have been excellent for those men who previously did not, or would not, discuss this subject openly.

The treatment considerations are so wide that men, with the active encouragement of their partner, need to find a practitioner who is skilled at discussing all the options with them.

(This is a précis of the article; the full text can be read in the May 2008 edition of "The Rotarian")





ShelterBox

How It All Started

Once upon a time, Rotarian Tom Henderson attended a regular meeting of the Rotary Club of Helston-Lizard (Cornwall, UK). What he said next was to change everything...



"Hey guys, I've had an idea which could bring shelter and beds to people who have become homeless in disasters around the world... and all in a single box". "Yeah that sounds like a good idea", said his fellow Club members, "Why don't you look into it?". Well Tom, as an ex Royal Navy officer, didn't need to be told twice! He went out and found all that he needed... tents, sleeping bags, boxes, equipment – the best quality (with some arm twisting) at the lowest price).

Tom put ShelterBox together and today with the help of Rotary Clubs, ShelterBoxes are distributed world-wide.

More ShelterBoxes Arrive In Burma

It was confirmed last week that a further 1,400 Rotary ShelterBoxes had landed at Yangon airport and were deployed to Burma's delta region.

Each ShelterBox can help a family of up to ten, live for six months. ShelterBoxes contain a family tent, bedding, cooking facilities, a water filtration system and other basic necessities required following natural disasters. To date some 1,800 ShelterBoxes to the value of A\$2.2 million have been despatched to Burma. Importantly a realistic pipeline for more ShelterBoxes to enter the country under the guidance of the local authorities has now been established.

It is heartening to see the support of Clubs in our District for the ShelterBox program really making a major difference to the quality of life of the people of Burma who have lost everything because of Cyclone Nargis.



A local doctor inspects ShelterBox tents in the worst hit areas of Bogale and Labutta, following Cyclone Nargis

ShelterBoxes Being Dispatched To China

In China ShelterBox has made an initial commitment of 400 boxes to assist the earthquake victims. ShelterBoxes will be channelled through the Rotary Clubs of Beijing and Hong Kong into Chengdu City in the Sichaun Province, a disaster area which is the size of Spain.

At ShelterBox HQ volunteers have been packing around the clock but as always more help is always needed. Please encourage your Clubs to support this Appeal. With each ShelterBox costing \$1,200 to assemble, every cent counts and every cent will be put to the best possible use by the volunteers heading up the efforts.

Since the disaster in Burma, District 9800 Clubs have made a great contribution of over \$157,000. A big thank you to all the Clubs who have assisted in reaching this figure.

District 9800 hopes to reach \$200,000 in donations to ShelterBox by June 30. If your Club can help us to do this, donations can be made via the RC Essendon website: http://rcessendon.com.au or by sending a cheque payable to "ShelterBox Australia" to the RC Kew (Att: Roger Fasken, District ShelterBox Co-ordinator), PO Box 101, Kew, 3101.







John Flynn Placement Program

Remarkable Places – Extraordinary people

Each year approximately 600 medical students in the John Flynn Placement Program (JFPP) are on placement in rural and remote communities around Australia. The program provides financial support to enable students to form a longterm relationship with a rural community, and to gain a better understanding of rural medical practice and nonmetropolitan health care services.

John Flynn students gain first hand experience of living and practising medicine in a rural or remote community. Placements are undertaken in the same community for a minimum of two weeks per year, usually over a four year period. Each student is matched with a medical practitioner based in a rural or remote area that acts as their mentor while on placement. The mentor introduces their student to country medical practice and provides guidance and support.

What Can Rotary Do?

The local community is a vital part of JFPP. Community contacts are matched with each student to assist social and cultural introductions in the local area to enable them to immerse themselves in the culture and activities of the community. Rotary clubs in a number of towns have had a long association with JFPP and can attest to the value of encouraging medical students to work in country areas. Members meet the students, introduce them to local people, show them the area, invite them to social activities, and make sure they have transportation...and then welcome them again when they return.

There are many more towns where community contacts are needed and where Rotary can make an important contribution to the development of relationships with medical students in country and remote Australia. Clubs receive an honorarium of \$175 per week per student.

Community contacts are currently being recruited. To find out if your community needs a contact organisation and to register your club's interest in taking on this rewarding role please contact the Community Development Advisor, Robyn Grigg on 07 5449 1988 or email r.grigg@acrrm.org.au

John Flynn Placement Program is funded by the Australian Government and managed by the Australian College of Rural and Remote Medicine.

Mobile Phones Helping Teens Prevent Depression

Australian Rotary Health has awarded an Ian Scott PhD scholarship to Sylvia Krauer, who lives in Brunswick and works at the Murdoch Children's Research Institute, to trial an intervention for young people who are at risk of developing mood disorders.

Young people will be given a program that runs on mobile phones by their GP which will prompt them daily to monitor their moods, stressful experiences, reactions and coping methods.

In her earlier work, Sylvia has found that the program helps young people develop better emotional awareness and hopes to show that this is effective in preventing anxiety and depression.

www.arhrf.org.au If you are interested in having Sylvia come to do a short presentation about her research at your Rotary Club meeting contact Heidi at heidihodder@arhrf.org.au or (02) 8837 1900.

Donations to ARHRF are tax deductible and can be sent to:

ARHRF, PO Box 3455, Parramatta, NSW, 2124.

Telephone (02 8837 1900 Email arhrf@arhrf.org.au









And The Winner Is....

Congratulations to Peter Farren who took the trophy at the Rotary Club of West Footscray's District Governor's Golf Day.

Thanks must go to sponsors, Fenner Dunlop who were the day's GOLD sponsor. Thanks must also go to Wyndham and Hobsons Bay Local Learning and Employment Network the day's SILVER sponsor.



DG John Davis and Wyndham and Hobsons Bay Local Learning and Employment Network's Stephen De Rozairo presenting Peter Farren with his trophy

New Members

Welcome to the following new members:

- Robin Stevens, RC Central Melbourne Sunrise, Education-Music Research
- Austin Whiting, RC Central Melbourne Sunrise, Financial Services
- Phillip Martin, RC Central Melbourne Sunrise, Investment Facilitation
- Brian Downie, RC Central Melbourne Sunrise, Wine Broking
- Russell Rolls, RC Central Melbourne Sunrise, Mechanical Engineering (transfer from RC South Yarra)
- Norman Smith, RC Melbourne
- Michael Fingereth, RC Southbank, Accountancy Business Services









Congratulations To The District Foundation Team

A big congratulations to the Clubs who have made a contribution to this year's Rotary Foundation. Here are the latest figures for District 9800's contribution to The Rotary Foundation (TRF):

		fteen Per Capita TR ones 7 & 8) for the N		•	
	Per Capit	ta		Total APF Giv	/ing
1. D3800	US\$123.62	Philippines	1. D9800	US\$246,025	Australia
2. D9800	US\$90.45	Australia	2. D3800	US\$225,729	Philippines
3. D9470	US\$84.03	Australia	3. D3830	US\$159,772	Philippines
4. D3830	US\$82.27	Philippines	4. D3860	US\$139,033	Philippines
5. D9630	US\$75.57	Australia	5. D3820	US\$122,137	Philippines
6. D9810	US\$66.36	Australia	6. D3810	US\$117,651	Philippines
7. D3860	US\$63.57	Philippines	7. D3780	US\$112,997	Philippines
8. D9980	US\$63.26	New Zealand	8. D9630	US\$99,750	Australia
9. D9450	US\$60.67	Australia	9. D9680	US\$92,800	Australia
10. D3810	US\$56.51	Philippines	10. D9810	US\$90,186	Australia
11. D3780	US\$54.33	Philippines	11. D9980	US\$89,822	New Zealand
12. D9710	US\$51.13	Australia	12. D3790	US\$80,642	Philippines
13. D3820	US\$50.89	Philippines	13. D9710	US\$74,753	Australia
14. D9500	US\$48.29	Australia	14. D9750	US\$70,797	Australia
15. D9680	US\$47.76	Australia	15. D9500	US\$69,684	Australia

If your Club has not yet sent in its annual contribution to the Rotary Foundation, please do so by Friday, 6 June 2008



Invite a potential member along!! - Why not ask a friend to join you at your Club's next Rotary meeting?

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Notices & Events

Rotary Club of Brighton presents the Bailout Cocktail Party – THIS FRIDAY!!!

If you're not raising bail you can beg, borrow or buy a ticket to the Whitelion Gaol House Rock Cocktail Bash and party like you've just made parole.

A truly memorable evening awaits you and the entertainment is sure to shake the walls off H Division.

With special guest performances to be announced soon, there will be an array of great acts and guest appearances that will include:

- * Rocking bands and performers
- * Roving entertainment and street buskers
- * Fire dancers
- * Belly dancers
- * Cartoonist
- * Magicians

Felons will enjoy a scrumptious array of prison fare accompanied by moonshine. Click Here to Book Now http://www.whitelion.asn.au/index.php?sectionID=94&pageID=228

The charity auction will have some great items up for grabs, including some once-in-a-lifetime experiences. Those culprits refusing to enjoy themselves may be held in protective custody.

When: THIS FRIDAY, 30 May Time: 7.00pm until late

Cost: \$110.00

Where: Old Melbourne Gaol

Address: Near the corner of Russell and La Trobe Streets, Melbourne

Reconciliation Week Fundraising Concert with Archie Roach and friends

Archie Roach is a singer and songwriter of remarkable strengths and insights. A storyteller in the tradition of his ancestors, he relays and retells intimate real life stories as well as traditional stories of the Dreaming. Having survived a personal history that would have left most artists scarred and defeated, Archie has emerged as an extraordinarily gifted Australian artist with a truly visionary talent.

The Concert will be held at 2pm on **Sunday, 1 June**, St John's Catholic School Hall, 494 Whitehorse Road, Mitcham (Parking at Rear of School). Proceeds will provide urgently needed funding for Rotary Scholarships to train Aboriginal Medical professionals for remote communities, and provide solar power for community centres in East Timor.

\$25 per head / \$15 Concession. To Book: Phone Sharon Partridge, President of RC Mitcham (03) 9873-5848 / 0438 221366 or email: sharon.partridge747@bigpond.com

The Rotary Club of Mitcham thanks their sponsors; Father Mark and St John's Mitcham, Tony Robinson MLA Member for Mitcham, and the Whitehorse Friends of Reconciliation. Book NOW as we expect A SELL OUT CONCERT! - An afternoon NOT to be missed!

DG's Change Over Celebration

Make Dreams Real In 2008

Sunday, 29 June At Leonda by the Yarra 2 Wallen Road, Hawthorn

Pre-lunch drinks start at 11:30am

Debra Byrne

Australian icon of stage & screen will headline the fantastic entertainment!!

Please go to the following link for more information and the RSVP form

www.rotarydistrict9800.org.au/uploads/downloads/Events/2008/6.lune/DG_Changeover_Invitation_and_RSVP.pd





A Night at the Theatre – Hobson's Choice



Join RC Brimbank Central on **Thursday, 5 June** at 7pm for 7:30pm to enjoy the classic and intriguing play Hobson's Choice.

Hobson's Choice is the story of widower, Henry Hobson runs a successful bootmaker's shop in 1880's Salford while trying to rule the lives of his three unruly daughters.

Held at Chapel off Chapel, 12 Little Chapel Street, Prahran (Melway Ref: 2L J10).

Tickets \$25 per person (including wine and soft drinks at interval).

For tickets and enquiries call Vivien Daley on 9388 2844 or Dawn on 9337 4710.

RSVP by 28 May – please make Cheques payable to Rotary Club of Brimbank Central

On The Road Again

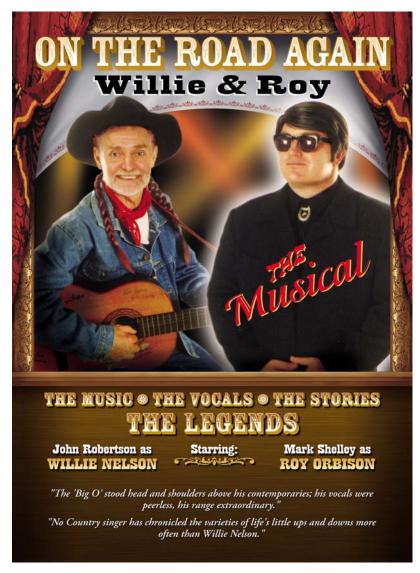
The Bendigo - Strathdale Rotary Club and Focal Point Australia are thrilled to be bringing "On The Road Again – the musical" to Bendigo.

"On the Road Again" is a celebration of the music & lives of Willie Nelson & Roy Orbison, individually, two of the most influential performers of our era. Together in this Musical, they are remarkable!

John Robertson is uncanny in his portrayal of Willie Nelson. His manner, speech & delivery of songs (including Stardust, To all the Girls I've Loved Before and On the Road Again) are truly like watching Willie himself. Mark Shelley as Roy Orbison, is one of only a few in the world with the vocal range & tone who can deliver an Orbison song (including Crying, In Dreams and Only the Lonely) as Roy himself did – full of emotion & effortless.

The story begins when during a Willie Nelson concert, Roy Orbison appears for one final performance. Experience the excitement as Willie & Roy share with each other & the audience, the highs, lows, laughter & sadness of their lives. Most of all "On the Road Again" is a celebration of the songs & music that have made Willie & Roy true legends.

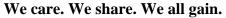
"On the Road Again" is a show not to be missed! It will be performed at The Capital – Bendigo's Performing Arts Centre on **Friday, 13 June** at 8pm. Please Call the Box Office for your tickets on (03) 5434 6100 or book online at www.thecapital.com.au. Tickets are \$38.00 or \$33.00 for concession.



This event is being held in aid of **The Connor O'Sullivan Appeal**, which supports Connor O'Sullivan and his family. Connor is a Bendigo boy who last year was diagnosed with a rare and aggressive form of Leukaemia.

For more information please contact Veronica Goulding from the Rotary Club of Bendigo-Strathdale on 0438 189 313







RC Woodend, proudly presents Suzannah Espie



PRID Ron Beaubien

Suzannah Espie will perform at a Dinner Show to be held at the Macedon Spa Function Room on **Saturday, 21 June** from 7pm. Ticket price \$70 pp which includes a sumptuous 2-course formal sit down dinner & show.

Suzannah is an outstanding singer and songwriter. Her performances are mesmerising; you are lulled by a softness in her voice and then punched in the nose with its sassy strength. Suzannah's songs have acquired both the grittiness of the inner city and the openness of country Australia.

Her voice is a real surprise. She sounds like a white soul singer (Inpress magazine).

Ranging from gentle ballads to flat-out soul belters, she has got a voice and is not afraid to use it (Cheap thrills magazine). Book your seats ASAP. Tables of 8-10 are available. For bookings please call Kai on 5427 1029.

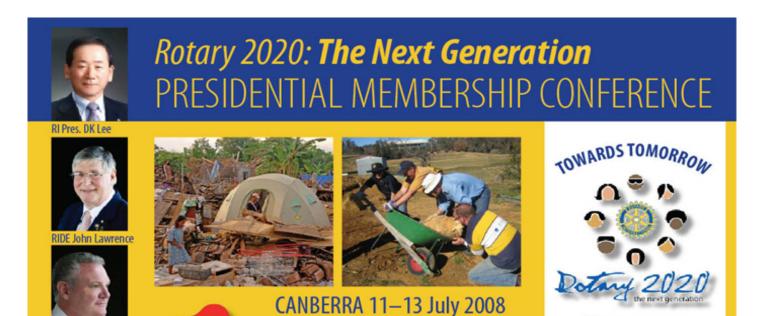
Fun In Retirement Expo

The Rotary Club of North Balwyn, in conjunction with the City of Boroondara will be staging the inaugural Fun In Retirement Expo (FIRE) at the Boroondara Sports Complex from **5-7 July 2008**. FIRE will showcase the huge variety of businesses and community groups catering for the rapidly growing number of Boroondara citizens in 'The Third Age'. Our aim is to show the 50+ members of our community what is available to them, and to encourage them to



Have your say

become more involved in the life of the community, putting more richness and variety into their lives. You are invited to take a booth at FIRE to show your wares to this age group who have both the money and the time to take up new hobbies; to develop themselves mentally and physically; to become more involved in their community; or to just indulge themselves! Visit www.funinretirement.com.au for more details.



BOOK ONLINE NOW at:

www.rotarydownunder.com.au





How's Your Club Shaping Up?

Last week's Membership and Attendance figures weren't complete. We apologise to those Clubs not mentioned...

				Membership			
Club	Cluster	No. of meetings	Attendance %	As at 1 July 2007	Start April 2008	End April 2008	% Change
Tullamarine	Gateway	4	57%	14	21	21	50.0%
Woodend	Calder	3	57%	13	18	18	38.5%
Melbourne North	Gateway	3	67%	21	26	26	23.8%
Melton Valley	Westside	5	87%	13	15	16	23.1%
Essendon North	Gateway	5	66%	27	31	33	22.2%
Bendigo	Goldfields	5	65%	78	85	93	19.2%
Malvern	Monash	5	71%	40	46	47	17.5%
Southbank	Batman	5	51%	23	26	27	17.4%
Balwyn	Eastside	4	77%	77	91	90	16.9%
Central Melb. Sunrise	Batman	5	61%	55	64	64	16.4%
Altona City	Port Phillip	4	74%	28	32	32	14.3%
Brunswick	Heritage	4	55%	29	31	33	13.8%
Kew-on-Yarra	Yarra	4	78%	22	25	25	13.6%
Echuca-Moama	Goldfields	5	65%	24	28	27	12.5%
Maribyning Highpoint	Hobsons Bay	5	65%	16	18	18	12.5%
Brighton	Beachside	4	60%	125	140	140	12.0%
Daylesford Magnetic Valley	Calder	5	66%	26	29	29	11.5%
Moonee Valley	Gateway	5	71%	18	21	20	11.1%
Caulfield	Beachside	4	72%	10	11	11	10.0%
Flemington	Hobsons Bay	5	77%	20	23	22	10.0%
Albert Park	Batman	5	51%	43	46	47	9.3%
Melton	Westside	5	74%	44	48	48	9.1%
Keilor East	Gateway	4	83%	38	41	41	7.9%
Camberwell	Eastside	4	68%	61	65	65	6.6%
West Footscray	Hobsons Bay	4	69%	31	33	33	6.5%
Hawthorn	Yarra	4	55%	70	75	74	5.7%
North Balwyn	Eastside	4	84%	89	94	94	5.6%
Melbourne Laverton Point Cook	Batman	5	49%	257	271	270	5.1%
Bendigo South	Port Phillip Goldfields	5	59%	20	20	21	5.0%
_	Eastside	4	66%	41	43	43	4.9%
Canterbury Gisborne	Calder	4	70%	43	45	45	4.7%
	Goldfields	5 5	59%	25	26	26	4.0%
Bendigo Sandhurst Brimbank Central	Westside	5	75%	51	52	53	3.9%
Port Melbourne	Batman	-	86%	27	26	28	3.7%
Footscrav	Hobsons Bay	4	38%	50	56	53	3.7%
Eaglehawk	Goldfields	4	50%	56	58	58	3.6%
Chadstone / East Malvern	Monash	4	79%	38	39	39	2.6%
Kew	Yarra	5 4	74%	44	45 54	45 54	2.3%
Carlton	Heritage	5	72% 96%	53 41	41	41	1.9% 0.0%
Collingwood	Heritage	4	67%	21	21	21	
Glen Eira	Beachside	5	76%		24	25	0.0%
Kangaroo Flat	Goldfields	4	56%	25 31	31	31	0.0%
Keilor	Gateway	4	82%	36	36	36	0.0%
St Kilda	Monash	5	75%	11	11	11	0.0%
Toorak	Monash	4	75% 78%	35	35	35	0.0%
Williamstown	Hobsons Bay	4	61%	29	29	29	0.0%
Yarraville	Hobsons Bay	5	71%	19	19	19	0.0%
Richmond	Heritage	4	67%	47	46	46	-2.1%
Brighton North	Beachside	5	74%	44	43	43	-2.1%
Melbourne South	Batman	4	54%	37	36	36	-2.7%
Bendigo Strathdale	Goldfields	5	75%	30	29	29	-3.3%
Fitzroy	Heritage	4	90%	30	29	29	-3.3%
Hoppers Crossing	Port Phillip	3					
Altona	Port Phillip	5	78% 61%	30 27	29	29	-3.3%
Sunshine	Westside		61%	27	26	26	-3.7%
Junaline	AACOTOING	5	75%	24	23	23	-4.2%





				Membership				
Club	Cluster No. of meeting		Attendance %	As at 1 July 2007	Start April 2008	End April 2008	% Change	
Kyneton	Calder	4	82%	38	36	36	-5.3%	
Point Gellibrand	Hobsons Bay	5	86%	36	34	34	-5.6%	
Castlemaine	Calder	5	73%	52	49	49	-5.8%	
Essendon	Gateway	5	62%	81	75	76	-6.2%	
Glenferrie	Yarra	4	75%	48	45	45	-6.3%	
Prahran	Monash	5	77%	30	28	28	-6.7%	
Bacchus Marsh	Westside	5	75%	39	36	36	-7.7%	
Rochester	Goldfields		61%	12	11	11	-8.3%	
Werribee	Port Phillip	5	79%	46	44	42	-8.7%	
Brighton Beach	Beachside	4	55%	22	20	20	-9.1%	
Boroondara	Eastside	4	74%	18	16	16	-11.1%	
Elsternwick	Beachside	4	52%	19	16	16	-15.8%	
Wyndham	Port Phillip	5	83%	30	25	25	-16.7%	

No. of Clubs Reporting	69
% Average of Those Reported	68
% of Clubs Reporting Membership	100

