



Networker

Rotary District 9800

A publication for
Rotarians and
all community
minded people

DG's Weekly Message

CONNECTING ROTARY TO SEE THE BIGGER PICTURE

President Jill Forsyth of the Rotary Club of Kew in her club bulletin this week referred to the "opportunities which conferences provide to socialise with other Clubs and to help us all see the bigger picture of Rotary and to enjoy the ongoing successes of a seemingly unending number of people with boundless energy and the capacity to do good in the world".

Our recent District Conference certainly was an opportunity to see the bigger picture of Rotary and to demonstrate how all the elements of Rotary can connect to enable efforts of individual members to translate into something quite special.

Such outcomes are demonstrated every day in Rotary and the past few weeks have provided us with many great examples of how Rotary connects to achieve these outcomes.

In this Rotary Literacy Month the simple concept of coordinating the collection of Children's books at the District Conference resulted in more than 1900 books being donated to the Aboriginal Literacy Foundation to make a real difference in the lives of so many children. The idea of course was simple but it required the drive of our District Literacy Chair, Bronwen Scarffe to devise and promote the program and individual Rotarians to embrace the concept and donate books.

Over the weekend after the Conference, Lynda and I had the opportunity to visit the Rypen camp to witness the value of imbuing young people with skills and insights into their personal development. For at least some of the participants the opportunity that Rotary



District Governor Dennis Shore and Lynda

provided for them to attend Rypen will probably be the positive fork in the road that will make a lifetime of difference to those young individuals. This successful formula is repeated twice a year in our District and around the country through the efforts of Rotary and Rotarians, whether they be camp hosts or through their contribution to get participants to and from the camp.

The proposal to participate as a District in the forthcoming Rotary Peace Forum in Hiroshima as a tangible way of connecting with our Rotary theme of "Peace Through Service" has certainly resonated with clubs as an opportunity to assist Rotary's vision for a better world. There were 55 submissions made



DG Dennis Shore with former exchange student Kaz Preston

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Contact the Editor



Clarice Caricare

Do you have a letter for Clarice? Is something on your mind?

Send Clarice an e-mail at clarice@rotarydistrict9800.org.au



April is Rotary Magazine Month





through 29 clubs for selection to be part of the District Team that will attend the Forum to be staged from 17-19 May. Many thoughtful and powerful essays were submitted making it a real challenge for the selection committee to identify those who would be financially assisted by our District to attend. I'm delighted that Sponsor clubs have also decided to assist to fund reserve candidates and so we will actually send a team of 12 together with our two Conveners, International Peace Centres Committee member Bob Fels and former Peace fellow Tania Miletic (who spoke at our conference). The essays will be consolidated along with reports on the forum to provide an effective publication that can be shared with all Rotarians.

People join Rotary in the first instance for many different reasons. I believe they become Rotarians when they understand the real difference that they can make by leveraging what they can achieve personally through Rotary to make a real difference. Although the club is the member of Rotary International it is the fellowship and mutual support that clubs provide to create the opportunities for individual members to provide "Service Above Self". Increasingly members are working in cluster activities and seeing the value that we deliver by working together to achieve even more significant outcomes from our Rotary service. At a District level we can do even more as we saw with our Literacy project.

One of the outcomes of District Conferences and International Conventions is that we can see even more opportunities for service and for fellowship. We learn from each other and we certainly see the bigger picture. Every Conference seeks to build on previous Conferences and indeed from Conferences and Rotary activities in other Districts. District Governors are happy to share the things that work for their Districts with other Districts. As a pilot district for The Rotary Foundation's Future Vision program, we have been pleased to share our experiences and systems that have been developed in our District with all the other Australian Districts but also with our new friends in District 1080 in the UK, with whom we have a special connection based on our recent Group Study Exchange. But it is not just a one way street. District Governor Marie Dorrington from D9500 (who incidentally staged her District's Conference in Bendigo while we were in Albury) very kindly but willingly shared with us the ideas that she had for a remembrance and reflection segment at the recent Zone Institute. We accepted those ideas with thanks and adapted them for what I think was a most respectful and memorable part of our District Conference.

Those of you who attended the District Assembly last year will remember that we were privileged to have an address from John Minchinick now President of RIBI (Rotary International in Great Britain and Ireland) who subsequently shared with us their program and strategy for revitalising Rotary. Their program is very much based on this idea of connecting Rotary. Their term for this program is "joined-up Rotary", which is all about encouraging district and club committees to realise that for any activity/project it's very likely that more than one committee should be involved for maximum success and maximum benefit to Rotary. Sometimes Rotary through its best intentions does confuse and work against the optimal outcome. Our structures based on the five Avenues of Service, The Rotary Foundation, Membership and numerous sub-committees can lead to a so called "silo" approaches to what we are trying to achieve. Of course that structure

is very effective for identifying goals and actions but it is always paramount that we see the bigger picture for the best outcome.

Our forthcoming Rotarians at Work Day (or Rotarians and Friends at Work as it is being promoted nationally) is very much about connecting Rotary clubs and Rotarians so that the public can see the bigger picture of Rotary. Many of the activities are being conducted on a cluster wide basis for maximum effect. In communities where there is only one Rotary club there are some really special programs that are very much about engaging the community. I am really impressed by the way that many clubs and clusters have put in a huge effort to identify and implement their proposed projects and programs.



DG Trevor Sayer towers over the returning GSETeam on their arrival back in England.

I would like to conclude by saying something more about our recent Group Study Exchange. Whilst DGE Ross and DGN Murray are looking to continue a GSE program, the exchange this year marks the official conclusion of one the mainstays of Rotary as we have known it, since 1965. We can debate whether the program was an effective way to utilise Foundation funds but we can say that it certainly gave Rotarians a demonstrable way to see the bigger picture and it certainly connected Rotarians both with the exchange district but also within our District. We said our formal farewells to the team from D1080 on 22 March and we will miss them. All who met them and especially those who hosted them enjoyed their company and their willingness to participate; and it works both ways. DG Trevor Sayer from D1080 said on the return of his team "I believe the GSE has been a great success and I am so pleased we partnered with you for this last formal time in Rotary history".

Yes Rotary is amazing and the more we allow ourselves to work at seeing the bigger picture and the more we connect through Rotary the more amazing it becomes.

**Dennis Shore,
District Governor.**



March RYPEN Camp a Hit

By Tony Thomas, RC Central Melbourne Sunrise

It was a delight during March 22-24 to see forty-seven students aged between 14 and 17 from 23 secondary schools bonding and having their boundaries stretched at the RYPEN camp at Weekaway near Lancefield.

RC Central Melbourne Sunrise was host club, with a dozen members ensuring the tables were laid, students were well fed and watered, and dirty dishes done.

District New Generations chair Neville John reported: "The feedback to the group leaders was that many students had not experienced being cared for by complete strangers who had no real reason to give up their time for their benefit. In their words, they thought it was 'amazing'."



The twice-yearly Rotary Youth Program of Enrichment camps have been running for more than 25 years. The March activities were run by 12 youth leaders from Rotaract and RYLA. Three District New Generations committee members also attended full-time. The District people were the engine room of the complex exercise.

One of their challenges was the registration process which generated numerous glitches and last-minute applications, all capably handled.

The twelve team leaders included a contingent from Tullamarine Rotaract and two medical students from Monash University. Five were doing their first RYPEN camp but impressed all – especially the kids! – with their energy, enthusiasm and know-how.

Melbourne Central Sunrise club was fortunate to have the volunteered service of two chefs. One was from a large Melbourne venue. With his chef wife, they made a formidable team. The meals even extended to fillet steak for the Saturday dinner, served by Melbourne Central Sunrise members in dinner suits. This will be the last self-catered camp at Weekaway as the site owner wishes in future to provide both the site facilities and catering.

District New Generations committee chair Neville John says that negotiations are proceeding.

The students were mostly 16-17 year olds, three-quarters of them girls. The goal is the communication of a series of ideas, problems and social experiences, which will assist the youngsters in forming their own values and moral standards. The camp also features activities designed to facilitate trust building, working in groups, self esteem building and content and process skills for young people. Full use of time was evident as even the evenings to midnight were used for activities and/or the opportunity to chat and make friends.

The individual students are generally identified by the school and sponsored by a Rotary Club. They were from a wide variety of national backgrounds and educational level. This diversity is an important factor in getting adolescents out of their comfort zones. Another help is that Weekaway has no mobile phone or internet coverage.

Among the students were eight from Bendigo Strathdale, Eaglehawk, Echuca and Rochester Rotary clubs, and four from Mt Alexander College, Flemington, who were sponsored by Central Melbourne Sunrise.



Friday evening involved 'ice-breaking' activities such as students donating one shoe to a pool and other students then trying to find a matching owner and ask them a challenging question.

Saturday evening guest speaker was Ms Demet Divaroren, who used her problems establishing a writer's career as an inspiration towards tenacity and self-confidence.

Sunday's activity was largely a mock auction of "values" such as Peace, Good Looks, Trust, and Intelligence. District Governor Dennis Shore provided a closing address urging students to remember and possibly take part in Rotary life as they grow older.



Rotary Youth Exchange Safari

District 9800/9780 21 Day Centre/Reef/Bridge Tour.

Our Rotary D9800 Youth Exchange Students and 3 Committee members departed from the District 9800 Conference in Albury bound for Ballarat and Horsham to pick up our D9780 friends. Our travellers have proceeded through Renmark, Lake Eyre, Coober Pedy, Yulara, Ayres Rock (Uluru) and King's Canyon to date. More travel news to come in subsequent editions of Networker.



"After a massive 12 hours on the bus! We've made it to our underground sleeping dorms, which doubled up as a sleeping alcove – in Coober Pedy! Looking forward to an early night and hopefully a shorter day on the bus tomorrow".



"Our 8km hike today through the Olgas in 40 degree heat! And the relief of finally finishing!!



Rotary Youth Exchange – A Life Changing Experience!

Do you know a Year 9, 10 or year 11 student interested in Rotary Youth Exchange? Applicants are invited now to apply for a year-long exchange commencing in January 2014. Students must be under the age of 18 years, as at 1st January in the year of departure.

Rotary District 9800 exchanges with Brazil, Denmark, Finland, France, Germany, Hungary, Japan, Norway, Poland, Sweden, Taiwan and USA. The closing date for D9800 Outbound Student Applicants to travel in January 2014 is Friday April 19th 2013.

Host Families Invited!

Kind and caring Rotary approved Host Families are invited from the community; to assist local Rotary clubs care for excellent secondary school aged students from other parts of the world. These Inbound Rotary Youth Exchange students have been carefully selected as Rotary Ambassadors, to represent their country, their Rotary District, their school and family. A Host Family is a vital part of this cultural and educational exchange and typically hosts a student on a voluntary basis for a period of between 10 to 16 weeks. In so doing, a Host Family becomes a Friend of Rotary International and invariably makes life long friendships with families from all around the world.

Please refer to the D9800 Youth Exchange website: www.rotaryyouthexchangeaustralia.com.au for further information. Contact the D9800 Youth Exchange Committee if you would like further information about your club Hosting or Sponsoring a Rotary Youth Exchange student.



Speaker Bank Update

WTC Bombing 1993 – The Amazing Experience of Eugene Fasullo



Outline: In 1993 terrorists exploded a massive truck bomb in the basement of New York's World Trade Centre. (That was 8 years before the aeroplanes destroyed the WTC twin towers.) The chief engineer of WTC, Eugene Fasullo, was trapped in a lift; cut his way out with a car key; and led the team in an amazing program to restore the damage. Fasullo was also a showman, and his personal story is unashamedly patriotic, outrageous, fascinating, and hilarious.

Presenter: In the absence of Fusillo himself, Lawrence Reddaway (Rotary Club of Hawthorn) steps into Fusillo's shoes to tell the story. (03 9889 1418) reddaway@bigpond.net.au (0400 584 863)

****Program Directors:** Please Note**

The outline above can be used for promotional purposes. Everyone will be expecting Fusillo himself to be present; and the switch to "Reddaway as Fusillo" can be done at the last moment, providing a moment of surprise.

Contact: Lawrence Reddaway Telephone: 9889 1418. Fax 9889 4076.

Email: reddaway@bigpond.net.au

Ryan Gomez – Motivational Speaker – Life & Business Coach

"Excellence is not an act, but a habit" is a quote that sits comfortably with Ryan Gomez, and to listen to, and watch him inspire and enthral an audience with his personal and heartwarming story, is to be in the presence of a master story teller. You instinctively know that here is a man, who has suffered the rigours of immigration, stumbled on the rocks of misfortune, lifted himself above his humble beginnings, and overcome the many trials and tribulations which would devastate, a lesser man.

<mailto:info@ryan-gomez.com>



Motivational Keynote Speaker
Business Strategist
Leadership Coach

Fran Henry of Traveller's Aid

Thanks to Julie Poumes, of the Rotary Club of Toorak, for sending us feedback regarding previous D9800 Speaker Bank deposit, Fran Henry of the Traveller's Aid.

Julie writes: 'Fran was a great speaker on Monday night and Travellers Aid really do offer many services to the community whether you are young or elderly or have a disability'

Melbourne not-for-profit, Travellers Aid, would like the opportunity to speak to Rotary members about a new service that they will be launching in March 2011 called the Medical Companions Project. The project will service the frail and people with disabilities from rural and outer metropolitan areas who need to travel to Melbourne for medical appointments.

If you would like a speaker from Travellers Aid to attend your meeting'

Contact: Fran Henry (Medical Companions Project Coordinator)

Email: fran@travellersaid.org.au or Telephone: 9654 2600



Jill Weeks has many interesting speakers on tap. Members log into District 9800 at <http://www.rotarydistrict9800.org/> and go to Speaker Bank



Hey! What did we miss?

Last week we at "The Networker" had lots of fun, juggling photos of the District Conference around. Of course couldn't cover everything, so here are a few more shots:



PDG Greg Ross interviewed the GSE Team that went to England



John Blackmann interviewed Rithy Ann with Peter Gray, and Tamara Cannon on "The World's Toughest Walk to School."



Royce Abbey Awards were presented to Chris Howell and Kerryn Dickinson Rowe, seen here with Peter Allen and DG Dennis Shore.



Yvonne Moon introduced the Conference Cyclists



Peace Fellow Stephanie Woolard at the Welcome Barbeque, with Bob Fels and PDG Jim Studebaker.

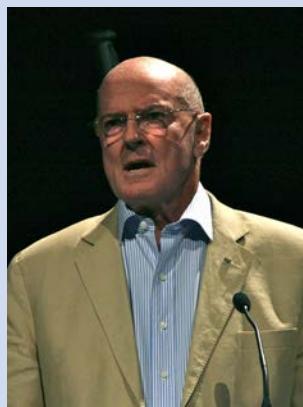
More photos at https://picasaweb.google.com/106224275621582639712/AlburyConference?authkey=Gv1sRgCMiX8r_xNSy2AE



Lexus of Blackburn had continuous coffee on tap for all the caffeine addicts. Thanks, Lexus!



World Peace Fellow Tania Miletic and Police Inspector Charles Allen spoke on peace, but from differing angles.



Kevan Gosper AO delivered the Inaugural Royce Abbey Oration.

At the Saturday Dinner Dance, "Country Casual" was a great success. This lot look like the Beverley Hillbillies!

Finally, "Soul Mystique": however do they do it?



Golf winners!

The golf was a great success, and enjoyed by 29 Rotarians and partners.

It was an Ambrose event, played in hot, but pleasant conditions.

Winners of the ladies: Marjorie Halford, Pru Logan, Prue Troedel and Andi Lambert.

Winners of the men: John Blackman, Walter Dooley, Gregor Howie, Joseph Devereux and Simon O'Donoghue.

There were other winners for nearest the pins, and longest drive.

Everyone in the end got a prize!





Group Study Exchange Farewell

By Julie Mason, District 9800 International Service Chair

On Friday the 22nd of March about sixty Rotarians and partners gathered at Graduate House in Carlton to bid a fond farewell to six new friends, the Group Study Exchange Team from East Anglia in England. Amidst some scrumptious cocktail food, great conversation and some formalities the Rotary Club of Wyndham provided the opportunity for those in attendance to learn about the experiences that Colin and his Team of extraordinarily articulate, friendly and professional women had whilst in our great District for the past month.

District Governor Dennis Shore explained just how the idea for this particular Group Study Exchange was conceived. In turn, each Team member talked about the impact that their vocational experiences had on them and a common thread was that networking, new ideas and the chance to share common practice provided a sense of satisfaction, optimism and enthusiasm. It was interesting to note that past GSE Team Member James Mepham, professional photographer gave of his time to host Catherine Bullen and this enabled Catherine to see how a passion could become a profession. Whilst in the care of Host families and Clubs the Team enjoyed many cultural visits both in Melbourne and in Bendigo and certainly impressed all in attendance at the Conference in Albury. An AFL match where Caz learnt about the difference in meaning for some terminology, a visit to Brighton Beach, the Mornington Peninsula, Werribee Zoo, Lygon Street and Parliament House hopefully will leave this Team with a desire to return to see us all again. The sincere and warm appreciation extended to the Host Families reminded us all of the true strength of Rotary friendship and care and brought a tear to the eye to some in attendance, notably past GSE Team leaders and members.

Past District Governor John Davis noted that in its current form this is the last Group Study Exchange Team to grace our shores. In doing so John rightly noted the amount of work done to provide a truly amazing program for teams visiting District 9800. A special District Foundation award was presented to Peter Shepheard and Adrian Nelson to acknowledge their work over many years in planning and preparing a program that by the admission of the Team from 1080 leaves a lasting impression with many happy memories.

A memorable Rotary moment for all in attendance!



View photos at <https://picasaweb.google.com/106224275621582639712/GSEEnglandFarewell?authkey=Gv1sRgCNCqpuG1hPPDFg>





Preventing Mental Health Disorders

ARH 10th Symposium

Australian Rotary Health has been hosting symposiums for the discussion of relevant health topics since its foundation in 1985. Subjects have included: the vulnerability and resilience of adolescent health, the environment, health and the elderly, and the relationship between health and the family. Symposia are an opportunity to announce new research and place important topics within public discourse.



This year Australian Rotary Health will hold its 10th Symposium, one of their major events for 2013. It will be held from Wednesday May 1st to Friday May 3rd at International House on the campus of Australian National University, Canberra, ACT. 25 researchers, 5 policy makers and 3 funders will come together for presentations and discussions on the title: 'Prevention of Mental Disorders Across the Lifespan: Setting New Directions for Research'. They will explore Mental Health during five phases of life: prenatal and early childhood, childhood (5-12 years), adolescence, adulthood and old age.

For further information, please contact Joy Gillett, Australian Rotary Health CEO on 02 8837 1900 or email joygillett@australianrotaryhealth.org.au

Clean Water Brings Better Health

By Wilfrid J. Wilkinson –Rotary Foundation Trustee

The World Health Organization estimates that almost one-tenth of global diseases could be prevented by improving the water supply, sanitation, hygiene, and the management of water resources.

The citizens of Patari, a village in Uttar Pradesh, are among 25 million people in India alone who suffer the consequences of fluorosis, an irreversible condition caused by elevated levels of fluoride in drinking water. The painful effects of fluorosis can include bone deformities, calcification of ligaments and tendons, and abnormal bone density.

"The fluoride, because of its strength, rots teeth and destroys bones," says Maurice Halliday, past governor of District 1020 (Scotland). Rotary clubs in Scotland partnered with District 3110 (India) to provide fluoride filters to 60 families in Patari and sanitation, safe drinking water and hygiene training to surrounding schools.

The Rotary Foundation leverages local experience and professional know-how to help communities, like Patari, help themselves. In honor of World Water Day, I invite you to consider a special gift to The Rotary Foundation to help address the unique water and sanitation needs of communities across the globe.

You can direct your Annual Fund gift to SHARE, to help support the local and international activities identified by Rotary clubs in your community. Or, you can direct your gift to Rotary's Water and Sanitation fund, to be spent on quality water and sanitation projects identified and implemented by Rotarians around the world. Either way, your contribution will be used to fund high impact, sustainable solutions to our world's most pressing needs.

Contributions to TRF at <http://www.rotary.org/en/Contribute/Pages/ridefault.aspx>



Residents of Makoor, Kerala, India, show the effects of years of drinking and cooking with highly fluoridated water.



How to Write an Article in Under an Hour

April is Rotary Magazine Month. A few regular contributors send us articles and stories for "The Networker" but many Rotarians say they don't have time. Have a read of these tips from <http://nopassiveincome.com/how-to-write-an-article-in-less-than-one-hour-10-useful-tips/> and consider putting pen to paper (or digit to keyboard). Send Clarice your story: clarice@rotarydistrict9800.org.au

1. Plan One Hour Free of Distractions



It may be obvious for you, that time for writing post or article should be free from distractions. But sometimes we forget about it. We are trying to concentrate, but we didn't switch off Facebook or

we are thinking about something else. We should try to get rid of all unnecessary thoughts and distractions, like Twitter or emails

2. Believe in Yourself

Yes, it's really important. Believing that you can write an article in less than one hour is very important. Without it you will write your article in hours or even days.

3. Plan What You Want to Achieve with an Article (2-5 minutes)

This point is essential. You have to know what you want. Should it be a promotional article? Or maybe you want to share your experience about something? Or is it a simple story for your readers? Do you want to make them cry? Or laugh? Or maybe you want to arouse interest about something? You should answer these questions before you start writing your article.

4. Do Some Quick Research On Your Topic (2-5 minutes)

I assume that you know the subject matter of your article. But even if you are an expert, it's worth it to some research about it. You should check in your favorite search engine.



5. Write Down the Most Important Points of Your Article (2-5 minutes)

As I wrote at the beginning of this tutorial – find three to five important points you want to raise in your article. If you find more – it's okay, but your article will be longer and probably will take you more than one hour.

6. Use (12+2)X3 Technique

This technique is very simple – write for twelve minutes, take a two-minute break, and repeat it three times. If you need less or more time for writing an article – you should repeat it less or more times. But remember – for 12 minutes you should write and only write, without exceptions. After that, you will get a two-minute break, when you can do something else (but I recommend you to stay on the computer).

For counting minutes you can use a timer on your clock or smart phone. Even a kitchen timer may be good for this technique.

7. Prepare a Tea or Coffee For Yourself (2 minutes)

Yes, it's really important for your mind. So, stand up and go to the coffee room or to the kitchen. If possible, you can even talk with somebody – but remember about the time limit – you have only two minutes for it!

8. Proof-read Carefully and Correct All of Your Bug(s) or Misspellings (2-5 minutes)

You should read your article at least once and mark all errors or misspellings. After it, you should check it in your dictionary (or in Google), and correct all. If you have some time, you can read it once more.

9. Format Your Article – Make Points, Paragraphs, Links to Other Sites (2-5 minutes)

Now it's the time for improvements and for formatting your post. Your article should be readable – think about it as brochure – is it easy to read, understand and find the main points?



10. Be Consistent in Your Actions

That means try to write an article every day, at least for two weeks. After two weeks you will see that your writing ability will improve very quickly.



INTERNATIONAL HOUSE
THE UNIVERSITY OF MELBOURNE

With great pleasure, International House and the student community invites you to...

Café International 2013

A night of culture in Paris

La Nuit des Musées

In the city of romance, art and mystery, a group of mismatched travelers, having been convinced by a strange 'tour guide', decide to do some exploration on this special night. Little did they expect to go on a magical adventure through the longest night in Paris! What ensues is a bizarre and thrilling experience, as they find themselves traipsing through oil paintings, having a romantic picnic under the Starry Starry Night and watching with bewilderment as art pieces come alive. Join us and be led by this strange 'tour guide' on this most magical tour through the Night of the Museums.

As is our annual tradition, students from our community will provide an evening of splendid entertainment and fine dining. Our range of acts and performances from this year's students will entertain and amuse, so don't miss out on this wonderful showcase of talents! We hope you will join us for an exceptionally enjoyable evening.

For this year's Café, 30% of the profits will be donated to End Polio Now with the remainder going towards aiding IH student club upgrade facilities and improve the students' wellbeing in IH. This aims to recognise the valuable work this non-for-profit organisation has contributed to completely eradicate polio. It is our great pleasure to support their continuous efforts in strengthening the community.

Café International will be held on

Saturday, 4TH May 2013, at

International House, 241 Royal Parade, Parkville, VIC 3052

Dress Code: Black Tie or to theme.

Doors will open at 6:30pm for pre-dinner drinks and light entertainment. Dinner and the show will commence at 7:15pm.

Tickets are available at AUD \$80.00/person, inclusive of a three-course meal, free flow of beverages, and a night of numerous surprises and bizarre scenarios.

Please RSVP to our Guest and Conference Manager, Frank Hoffelne, via phone at (03)9345 7376 or via email at fhoffelne@unimelb.edu.au as soon as possible by the 3TH of April 2013 (via the reply form enclosed).

For other inquiries regarding this event, please contact us at ihcaf2013@gmail.com or call our Café Communications Officer, Clifford Lee at (04)5259 9630.



Welcome New Members

District Membership Secretary Peter Lamping has notified us of the following new members.
Wouldn't it be nice to see some more photos?

R.C. of Canterbury: Annette Brownscombe, David Zrna, John Braine, Steve Wylie
 R.C. of Carlton: Craig Chester re-induced 5/2/13
 R.C. of Richmond, Christine Eckley
 R.C. of Melbourne: John McIntosh, Damien Farrell, Ros Casey
 R.C. Bacchus Marsh: Lita Foote, Paul Chapman
 R.C. Brunswick: Michael Chew
 R.C. Fitzroy: Devi Sundram
 R.C. Altona: Elizabeth Bailey
 R.C. Essendon: Pat Chadderton, Margie Sheldon
 R.C. Chadstone/East Malvern : Michael Hayes, Tania Aisbett
 R.C. Brimbank Central: Joe Zerafa

We introduce the newest member of the Rotary Club of St Kilda, Joseph Ghaly. Joseph is pictured here with Past President Andrew Ashdown and son James



RC Camberwell: Anne Frances Hawthorne

Notices and Events

For a full Notices & Events calendar, visit the following link:
http://www.rotarydistrict9800.org.au/notices_and_events_future

EVENTS - April 2013

12th April

Masquerade Ball

Friday 12 April 2013 The International, 81 Bay St. Brighton. 3186 7.00pm for 7.30pm

Lounge suit, ladies please wear a mask
 \$150 per person (\$50 tax deductible) Includes 3 course meal and beverages
 Band: The very popular 'Tequila Bros' Donations: Welcome (fully tax deductible)

Contact: Garry Bradd m: 0418 107 800 p: 9596 1316

Over the past 27 years, the Rotary Club of North Brighton has assisted the Bayside community in many ways. Help us to continue our work in the local community by joining us at our masquerade ball and auction.



15th April

Charity Golf Day

Footscray Rotary & Vic Police Annual Charity Golf Day

Monday 15th April 2013 from 11.30am to 6:30pm Cost: \$75 per player

Sunshine Golf Club, Mt Derrimut Rd. Derrimut (Melways ref: 39- E3)

RSVP by 9th April 2013 to Ron Hunt 0400-205-858 or ron@tradesmart.net.au

<http://rotaryfootscray.org/>





April 2013

19th April

Back to Square Dance Night

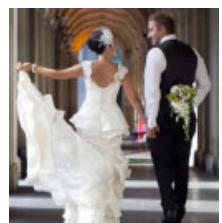
Maribyrnong Park Bowls Club, 195 Holmes Road, Moonee Ponds.
 Friday 19th April Cost:\$20.00 per person
 RSVP: To Meg Smith-Beale on 9331-6699, by 31st of March 2013
 Net Proceeds to Royal Children's Hospital Clown Doctors
 Ladies, please bring a basket supper. Drinks at bar prices.
 Flyer available at www.rotarykeilor.org.au



21st April

ROTARY CLUB OF HOPPERS CROSSING BRIDAL EXPO

Werribee Function Centre, Werribee Racecourse, Bulban Road, Werribee. **21 April** 10.00am till 4.00pm. \$5.00 per head with all funds raised going towards Rotary's work in the community
 More info: Colin Styles on mobile 0416 191 320 or email rchbridalexpo@iinet.net.au or cstyles@bigpond.net.au
 There will be some 40 to 50 wedding specialists including: Marriage Celebrants, Wedding Photographers, Bridal Make-Up, Bonbonnières, Wedding Invitations and Stationery, Wedding Reception Venues, Wedding Cakes, Wedding Florists, Wedding Dresses, Mother-of-the-Bride Wear, Male Formal Wear, Wedding Gifts, Decorations, and Wedding Cars and Limousines.
 Fashion parades at 11.30am and 2.30pm showcasing Bridal and Mother-of-the-Bride Wear. Novelty events for Brides-to-be with some worthwhile prizes available.



28th April

Tribute to Jim Thompson

Sunday April 28, 4.00pm start
 Uniting Church 132 Keilor Rd, North Essendon
 \$25 pp includes Tea or Coffee and Nibbles
 Drinks at Bar Prices Complimentary Glass of Champagne on arrival
 "Door Prize" and raffle .Entertainment:"Future of Australian Music"
 Funds raised go to Cancer Research
 RSVP 26th April, 2013 to Jacob Taurins, taurins2@vegas.com.au



May 2013

4th May

A Night of Culture in Paris: La Nuit des Musees

Café International will be held on Saturday, 4TH May 2013
 International House, 241 Royal Parade, Parkville, VIC 3052
 Dress Code: Black tie or to theme.
 Doors will open at 6:30pm for pre-dinner drinks and light entertainment. Dinner and the show will commence at 7:15pm.
 Tickets are available at AUD \$80.00/person, inclusive of a three-course meal, free flow of beverages.
 RSVP to our Guest and Conference Manager, Frank Hofheins, via phone at (03)9345 7576 or via email at fhofheins@unimelb.edu.au as soon as possible by the 8TH of April 2013
 For other enquiries regarding this event, please contact us at ihcafe2013@gmail.com or call our Café Communications Officer, Clifford Lee at (04)5259 9630.
 More details and Booking Form:
<http://www.rotarydistrict9800.org.au/images/InvitationtoCafeInternational2013.pdf>



INTERNATIONAL HOUSE
THE UNIVERSITY OF MELBOURNE





Notices and Events

**4th
May**

RC Rochester Pie and Port Night

Saturday 4th May

This annual event promises a night filled with Fellowship, straight from the oven country fresh bakery, along with ample refreshment of all variety to suit attendees.

Rotarians and partners from all District and beyond Clubs are invited to come and spend a weekend or night in the northern part of the District, relax, seeing the District sights along with attending Pie and Port night in the Rochester Fire Brigade Function Room. Who knows a visitor from a City Club may even win the Major Raffle prize again. For further details contact rochester@rotarydistrict9800.org or direct to Rotarian Heather, 03 54841147



**17th
May**

HEART KIDS' NIGHT OF NIGHTS

FRIDAY 17TH MAY 7:00 FoR 7:30 START

FEATURING ELVIS TRIBUTE ARTIST MARK ANDREW AND HIS SENSATIONAL SHOWGIRLS
ULTIMA RECEPTION CENTRE Cnr Keilor Park Drive & Ely Court, Keilor.

Tickets \$100 eaCH. DRESS CODE: Evening wear
BOOK NOW! EMAIL JOHN CENDO Lighting@mirAbella.com.au

Rotary Club of Tullamarine All money to the cardiac surgery unit at the Children's Hospital



ROTARY HIROSHIMA PEACE FORUM

17th-19th MAY 2013

District 9800 the world's leading Rotary District in Peace Studies wishes to engage and inspire young people to pursue paths to peace in their studies, in their work and in their daily lives.

District 9800 proposes to part sponsor a max of 8 young people aged between 18 to 35 years of age to attend the upcoming Hiroshima Peace Forum 17-19 May 2013 in Japan.

District 9800 will provide funding of up to \$1,400 towards a return economy airfare and to assist with the cost of the travel component.

Clubs that sponsor successful applicants may choose to contribute to the applicants' costs of accommodation, internal travel and incidentals which we estimate to be in the region of \$700, excluding any passport or visa costs.

For details on the PEACE FORUM http://www.info-hiroshima.co.jp/peace/index_e.html

Further enquiries should be directed to Bob Fels,. Phone 5989 2455 or email rfeels@satlink.com.au



17-18 May 2013
Rotary Global Peace Forum
in Hiroshima

Do you have a letter for Clarice?

Contact the Editor

Do you have a letter for Clarice?
Is something on your mind?

Send your thoughts to her email address at

clarice@rotarydistrict9800.org.au



ROTARY DISTRICT 9800 Events Calendar

For a full Notices & Events calendar, visit the following link:
http://www.rotarydistrict9800.org.au/notices_and_events_future

To submit Notices & Events, please send Clarice all the details at:
clarice@rotarydistrict9800.org.au



Networker

Rotary District 9800

A publication for
Rotarians and
all community
minded people

DG's Weekly Message

Extra, Extra – read all about it!

For those of us with vivid memories of paper sellers, this will be a familiar catch-cry. Before radio transformed into its role of providing instant news and before TV, newspapers were the channel for breaking news.



And indeed we have some huge breaking news – another Rotary club in District 9800, our seventy first active club, the Rotary Club of Bendigo Next Generation. Congratulations to my Special Representative, PP Greg Noonan, a member of the Rotary Club of Bendigo South for his inspiration and drive to make this vision a reality. Our new club for the next generation is jointly sponsored by the Rotary Clubs of Bendigo South and Bendigo Strathdale but very much with the support of all six Bendigo clubs. Read inside Networker for all the details.

When newspapers were the kings of communications we had multiple editions and even special editions. Today we receive breaking news from a range of sources including Facebook and Twitter, emails and text messages as well as radio. The accuracy and validity of social media reporting is questionable but



District Governor Dennis Shore and Lynda

undeniably powerful.

Newspapers as we know them go back quite a long way – to the 17th century in fact. Strangely enough the first English language paper was published in 1620 (in Amsterdam of all places) but it took nearly a century before the first daily English language newspaper appeared.

Magazines emerged at much the same time, with newspapers concentrating more on news and shorter general interest material and magazines containing primarily longer articles. Newspapers are now on the cusp of extinction – in the printed form at least. How we get information and the sort of information we want to receive is a challenge facing Rotary at the moment.

In Rotary we have gotten used to a range of publications. We have our monthly regional newsletter (RDU in our case), a weekly District Newsletter (monthly in many Districts) and generally a weekly bulletin from Clubs. We are also now used to receiving special interest material delivered via our computer inbox, in a form that essentially takes us to interactive internet access.

Going back to the early days of Rotary clubs a bulletin was intended to provide basic information about scheduled and special events and was the primary vehicle for sharing such information with members. What exactly is a bulletin or what should it be. According to various dictionaries bulletins include the following:

In this Issue



03 New Rotary in Bendigo

04 The Big Issue

05 Rotarians at Work

06 Bread Run / Video Contest

07 Bipolar Disorder

08 Speaker Bank

08 Salk Vaccine Anniversary

09 Exchange Students

09 Welcome New Members

10 Notices /Events

Contact the Editor



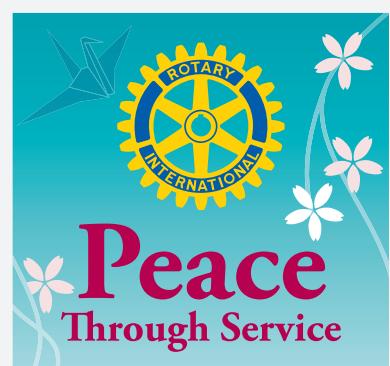
Clarice Caricare

Do you have a letter for Clarice? Is something on your mind?



Send Clarice an e-mail at clarice@rotarydistrict9800.org.au

April is Rotary Magazine Month





1. A brief report, especially an official statement on a matter of public interest issued for immediate publication or broadcast.
2. A brief update or summary of current news, as on television or radio or in a newspaper.
3. A periodical, especially one published by an organization or society.
4. A printed program, especially one listing the order of worship for a religious service

Rotary bulletins tend to incorporate elements of all of these descriptions but most include some description of the previous meeting and reminders about forthcoming meetings and special events. Many bulletins include inspirational, motivational and informational material as well as range of Presidential offerings and often jokes and cartoons. Anecdotal feedback suggests that everyone reads the jokes but many fewer read the other information in bulletins!

Before the days of photocopiers it was a fairly difficult task to do more than produce a short and concise bulletin because of the challenge of generating copies. Rotary's history in Australia fortunately coincided pretty much with the invention of the spirit duplicator (in 1923), commonly called Roneo machines and the stencil duplicator was around from the time that Rotary started.

Photocopying changed the game for bulletins and more extensive material could be incorporated to supplement the typical and traditional elements of bulletins. With the development of economical colour photocopiers and then inkjet and laser printers all things were pretty much possible. Desk top publishing provided skilled bulletin editors with opportunities to produce comprehensive and detailed publications. The capability to share the documents via email or through internet links has enabled the production of some truly amazing publications.



Social media has provided a platform for informal sharing of news and information more or less on a continuous real-time basis. Although this is a really good way of sharing news and even for scheduling, it does not encourage the development of thoughtful or necessarily well researched information.

For clubs there is something of a conundrum about how best to communicate with members but also to answer the question of whom we are actually communicating with. Let me explain. Most, if not all, clubs are communicating with members on different platforms but increasingly we are communicating with the public, especially via our websites. Clubs with really effective websites are in fact finding that the websites are good recruiting channels and potential members are finding clubs rather than the clubs finding those prospective members. Of course we also have our newest club, the



Rotary e-club of Melbourne, for which the website is their clubhouse.

The fact is that communication strategies should be right up there with our highest priorities in Rotary. Gone are the days when the Bulletin is a sub-set of Club Service. The Bulletin (in whatever form) should be part of a significant Public Relations and Communications portfolio. If we think about it, it is not a matter of whether we communicate just through Facebook or some other medium. Forward thinking clubs will use the range of opportunities available to them through marketing materials, print, television, and radio advertising campaigns, social media and events.

All this stuff is fantastic but for many clubs it is also a real challenge. It is all very well for a club to decide that it wishes to adopt Facebook as the way to go but the truth is that without understanding what you are doing, not only may many club members be disenfranchised but there may be a total failure to connect with anybody in a meaningful way. The good news is that it will be made easier for clubs to get their message across and have support to do so. In the 2013-14 Rotary year for the first time all Australian Districts will pool resources for a concerted and comprehensive media campaign that encourages members of the public to come and turn "Conversations into Action" with Rotary. This campaign will include radio, TV and print media ads in rural and city areas and will be complemented by a free community service advertising program. Districts will receive online banner ads for Clubs and Districts to use for their websites, email signatures and e-bulletins as well as artwork for real estate billboards and truck billboards.

The 1300-4-Rotary telephone number service will be upgraded so that when members of the public call, their enquiries will be passed directly onto Clubs. Membership brochures, flyers and posters will be available at cost through Officeworks Online, allowing Clubs and Districts to personalise these materials by including their names, contact details and personalisation.



There will be a social media campaign and redevelopment of the Australian Rotary website to make it easier for members of the public to contact Rotary and the Club near them. Clubs can tap into an automated health check to use at no cost, which helps identify issues that may potentially be affecting Club function and then further helps identify solutions for redress. There will be an internal campaign to ready Rotary Clubs for being "fit for conversation" with the public and therefore "fit for purpose".

It is a brave new world for many of us but if we use the tools and services available in a proactive and positive way then we do have the opportunity for a new golden age of Rotary. Technology is amazing but so is Rotary.

**Dennis Shore,
District Governor.**



A New Kind of Rotary for Bendigo

By Gary Noonan, RC Bendigo South

There are already six established Rotary clubs in Bendigo, and guess what, there's soon to be a seventh!

But this new club isn't your usual Rotary club. It's a club solely for members aged 20- 35ish. The new club, which upon chartering will be known as the Rotary Club of Bendigo Next Generation has been a long-term goal for Bendigo Rotarians, who are determined to ensure that the great work of Rotary is seen as attractive to younger generations and continues for many years to come.

Similar to most Rotary Clubs in our District, the Rotary Club of Bendigo South's average age of its members does not vary much from that of the District. Following the acceptance of a Report (Reinventing Rotary for the 21st Century Parts 1 & 2) from its Membership Committee a number of structural changes were implemented to bring the Club into the 21st Century.

Due to the average of its members it was very difficult to attract younger members to ensure the survival of the Club over the longer term. There was an inconsistency in commonality of interests between the Club's members and those it was trying to attract. The Club took the initiative to do something about this. The decision was taken to charter a new Rotary Club targeted at the 20-35ish age group. The concept of starting a new Rotary Club when there were already six other established Clubs was not considered a smart move by some. "Why would you want to start a new Rotary Club when there are already 6 and some of them are struggling", was the cry!

Sometimes one needs a vision. If the Rotary wheel does not keep moving there is a danger it may seize up! "Rotarians have a responsibility to ensure that the work of Rotary will continue after they have gone. To do this we need to ensure that Rotary reflects today's community in terms of its values, beliefs, gender and ethnicity. To ignore these is to tread the path to irrelevance" said Greg Noonan.

Greg Noonan, PP RC Bendigo South was appointed District Governor's Special Representative to oversee this project. The Rotary Club Bendigo-Strathdale was invited to be joint sponsor with Bendigo South in this project.

An initial focus group session was held involving 16 people in the target range to listen to their views on Rotary, its perceived role in the community, how younger people perceived it and how to get those in the target range attracted to it. A very enlightening and informative exercise.

The new Club, the Rotary Club of Bendigo Next Generation was born from this. The Club is to be Chartered on Thursday 6 June, 2013. The WIFM used included the being able to meet likeminded people, receive mentoring in a vocation, connect to the community, get involved in projects that can change people's lives and have some fun.

"We would warmly welcome and love to have as many Rotarians from the District to attend the new Club's Charter night, said President elect, Maxim Zuiykov. "We have a great group of young people who are not only motivated to make a contribution to the community but have the energy and ideas to make this happen."

Tickets can be purchased by contacting Gary Pinner at gejayautomotive@bigpond.com or by telephone 54437188 or PO B 320, Strathdale, 3550.





How “The Big Issue” Stands Out

By Tony Thomas, Rotary Club of Central Melbourne-Sunrise.

The Big Issue editor Alan Attwood this month gave some entertaining insights into attracting readers. He was Eminent Speaker at a special breakfast of the Rotary Club of Central Melbourne-Sunrise at the RACV on April 9.

The Big Issue is sold by disadvantaged vendors who keep half the \$6 sale price. The Big Issue started in Melbourne in 1996 and while most newspapers are dying, it has thrived and gone national.

Attwood, who runs what he calls a ‘tiny’ band of staff and contributors, says he gets frank feedback from vendors. Vendor “Kim” told him that an issue was b....y boring. Next time he saw Kim he said, “You know what is really b....y boring? The edition that doesn’t come out at all!”



Another told him years ago that the planned cover was fine as long as it was not blue. From that, Attwood realised that the previous two covers were blue. Although the topics were great, buyers walked past thinking they had already bought that issue.

One cover inspiration was his “Cute Kitty edition – oh no! It’s come to this”. He explained that his best selling issue ever was after sending the photographer to the zoo for “anything cute as all get-out”. She came back with a perfect cover snap of Snow Leopard kittens.



He wants contributors with personal stories. Academics are the most boring writers in the universe, and experts on mental illness are a dime a dozen.

One carer began her story, “I am the one going mad here”. A young woman with terminal breast cancer wrote a series about her journey, and about “Bob”, her nickname for her prosthetic breast. He was worried about her self-disclosure but she said, “It’s therapy for me and you pay me”.

Another woman wrote about her night at an eating disorder clinic, and he encouraged her to keep writing. Her stories touched and educated a remarkable

number of people. Her latest piece said she was better but not cured, “still fighting a very big monster with a very small sword”.



A would-be vendor can walk into the Lonsdale Street office and walk out in 30 minutes with a trainee badge and start selling the Big Issue. Some vendors only sell a few hours a day, or each second day. Deb, a vendor who came to the breakfast as Alan’s guest, starts at 6am and finishes at 9pm.

The breakfast event raised \$1515 for Rotary charities.





Rotarians at Work

Caulfield Racecourse Run

By Adrian Nelson, Glen Eira RC

The Rotary Club of Glen Eira held the inaugural Caulfield Racecourse Run on Sunday 21st April in conjunction with the Melbourne Racing Club and our local MP (and honorary Rotarian) David Southwick. After months of planning, the sun was shining for over 500 runners who competed in the two distances (8.5km - 5 laps and 3.5km - 2 laps of the racecourse). Teams and runners registered online in the lead-up to the event, with local organisations able to have their runners sponsored. Over 60 local schools, charities, sporting clubs and religious organisations entered teams.

The day raised near to \$40,000 for these local groups, the biggest single fundraising event in the Rotary Club of Glen Eira's 25 year history.

Volunteers from the club as well as the Rotaract

Club of Monash University (Caulfield), the

Rotary Club of Caulfield, and local scouts groups ensured that the event ran smoothly and was enjoyed by the thousands who attended. It was also a Community Fun Day which included pony rides, mini-golf, inflatable slides and commando course, plus plenty to eat and drinks. President Mark Preston presented the winners trophies with David Southwick MP and the Minister for the Environment, the Hon. Ryan Smith MP.

With such a successful day, plans are already afoot for it to become an annual event.



Kitchen Garden at Lockwood South

By Noel A. Hobley, RC Bendigo



On Saturday, April 20, whilst many Bendigonian's sipped latte's at their local cafe or took an opportunity to put their feet up after the working week with the Saturday papers, the Rotary Club of Bendigo was out in the community making a difference the best way they know how.

Rotary District 9800, in a district wide Rotary at Work Day, urged all district clubs to make a difference and dedicate some effort to a local community project. Rotary Club of Bendigo joined forces with Landcare out at Lockwood and under the guidance of club member Rosemary Davies the Kitchen Garden at Lockwood South Primary School got a makeover.

The whole area was updated and revitalised, old garden beds given a makeover, new beds established, soils improved, herbs and vegies

planted, timber edging installed and mulch, mulch as far as the eye could see, it seemed. Even the chookshed got an makeover.

A big thank you goes out to Bunnings of Kangaroo Flat for supplying plenty of manure and potting mix to underpin the good work and 19 volunteers enjoyed a barbecue after all the hard work. (Yes a rotary BBQ for rotarians.) Plenty of thank you's could've been handed out, but all everyone really wanted was to know what the kids thought when they turned up to school on Monday.



The Bread Run

By David Sutherland --- R.C.Glenferrie

BREAD IS THE STAFF OF LIFE & THE LIFE OF THE STAFF IS ONE BIG LOAF

A cheeky schoolboy wrote this statement on a blackboard many years ago and we all thought that it was very funny.

Now, many years later we are older and (hopefully) wiser we know it is not really funny. The first part is very true but the second part is not true at all. A teacher's life is a very responsible profession full of challenges and rewards.

However it is just so true that bread is the staff of life and this is very strongly demonstrated in a project the R.C. Glenferrie has running in Boroondara. The Club Members fondly call it the "BREAD RUN". Each week at the end of the trading day a rostered team of Members travel to the various local bakeries armed with large plastic bags ----- the bakeries fill up these plastic bags with what stock is left over from the day's trading. The members then take this bread to the Salvation Army headquarters in Camberwell.

The Salvation Army has a list of people within the district who are in need of assistance in meeting the day to day necessity of providing for their family at the table. One tends to think that in a City within the boundaries of the greater City of Melbourne and particularly a city which is generally regarded as a reasonably affluent one where all of its citizens are healthy, happy and self contained -not so - the records show us.

Of course this weekly BREAD RUN is carried out on a voluntary basis as are all Rotary Projects.

The two Rotarians pictured are Brenda & Trevor Mackey



Rotary Friendship Exchange Video Contest

Rotarian from England wins the 2012-13 Rotary Friendship Exchange video contest

By Arnold R. Grahil, Rotary News -- 8 April 2013

A Rotarian from Bramhall, England, won the grand prize in the 2012-13 Rotary Friendship Exchange video contest with an entry describing a Friendship Exchange trip to Uganda.

Sue Preece, along with her husband, Bob Preece, and David Rose, of the Rotary Club of Bramhall & Woodford traveled to western Uganda in January to visit the Rotary Club of Kasese. The two clubs have worked together to improve the lives of poor villagers in the surrounding countryside.

For her video, Preece chose the theme "Make a friend, make an impact: Serving humanity together," one of three contest themes. The video demonstrates how the exchange built warm friendships between members of the clubs and convinced villagers that the Rotarians care about helping them improve their situation for the long term. "The whole trip was an amazing experience," Preece says in the video. "We learned that Rotary is a way of life in Uganda, and we were very impressed with the projects they tackled."

Full story: http://www.rotary.org/en/MediaAndNews/News/Pages/130408_news_RFEvideo.aspx

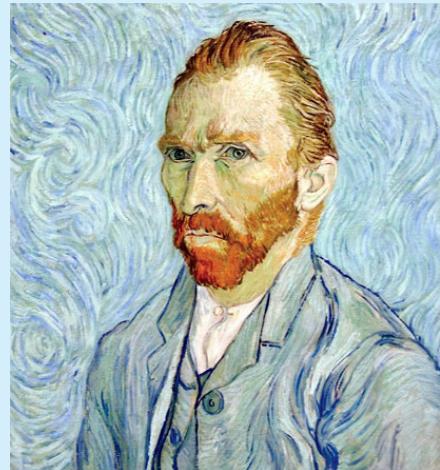




Bipolar Disorder

Michael Reynolds is an Psychology Honours Candidate working at Monash Alfred Psychiatry Research Centre/Brain and Psychological Sciences Research Centre, Swinburne University. He hopes to recruit First Degree relatives (eg siblings or offspring) of those people suffering bipolar disorder but who do not have the disorder themselves. Michael writes:

"I am writing to you today as a researcher and as a Monash Rotaract member to ask permission to advertise my research in Bipolar Disorder and genetics. Our particular interest is in identifying endophenotypes, the expression of neurocognitive and social cognitive enhancements or deficits, which will aid in identifying specific genes. Identifying genes will greatly aid in creating novel treatment for those people suffering bipolar disorder, both immediately as techniques for psychotherapy may be developed and long-term as new genetic markers will lead to novel pharmacotherapy options. In association with Swinburne University, Monash University and the Alfred Hospital, we have particular interest in this gap in the literature, which we intend to address with this project. These benefits for treatment in Bipolar Disorder will aid in improving functional, occupational, social interactions and daily living.



ARE YOU RELATED TO SOMEONE WITH A DIAGNOSIS OF BIPOLAR DISORDER?

WE NEED YOU!

You are invited to participate in research INVESTIGATING THE CAUSES AND CONSEQUENCES OF EMOTIONAL ABNORMALITIES IN BIPOLAR DISORDER. You will be required to attend a five hour assessment session to complete questionnaires, a short interview and a number of non-invasive cognitive and emotion tasks. You will be reimbursed for your time and participation.

• 18-65 years old
 • Aren't pregnant
 • Aren't substance dependent
 • Have a first degree relative with a diagnosis of bipolar disorder but don't have one yourself
 • Aren't vision or hearing impaired
 • Don't have difficulties with spoken English

Does this sound like you?

Please contact Michael Reynolds (michaelreynolds@swin.edu.au or 9076 6564) for more details

"Participation involves completing an array of cognitive and emotional tasks in addition to a survey and an interview. We also require a blood sample for genetic analysis and this can be discussed more if you have any concerns with participation. The cognitive battery includes testing your executive functioning abilities, attention, working memory and more. Everything is confidential and participation is voluntary. You will also be paid \$50 for your time once you have completed the interview, cognitive battery, survey, and provided a genetic sample.

"I am willing to attend meetings to present information about the project and help raise awareness of the illness and the impacts it can have. Please feel free to contact me for any questions, concerns or other general inquiries on michaelreynolds@swin.edu.au or 9076 6564."

Sunset

Brighton Rotary Club had this lovely photo of sunset by Cameron Ward in a recent club bulletin. Little wonder they often carry off the prize for the best bulletin! Would anyone like to send us more nice photos?





D9800 Speaker Bank

Has your club had interesting speakers? Please let us know.....and send us an email. (Just as Past President Peter Taylor, from the Rotary Club of Essendon North did. Thanks Peter!).

Remember.....if you have corrections or additions, updates or feedback regarding speakers, please let us know.
Jill Weeks D9800 Speaker Bank Committee

Filming Of Thai-Burma 'Death Railroad', Mark Campbell

P.P. Peter Taylor writes: 'We had a very good speaker recently at our Essendon North club meeting. His name is Mark Campbell. Mark is organising an expedition along the Thai-Burma "Death Railroad" in November 2014, with a well-known Australian actor. The plan is for them to trek the entire 320km length of the railroad, within the Thailand section and to release the filmed programme (including pre-event, trek and other sponsorship/charity activities) for national TV release and international DVD sales, in April 2015 - during the 70th anniversary year of the end of World War II. Mark's personal interest in this arose because his grandfather was one of the 7000 POWs who built the railway under appalling conditions. Mark is a very personable speaker who is able to communicate his passion for the project in his informative and entertaining presentation.

NB: Mark, subject to availability, may also be able to speak at country clubs



Contact: Mark Campbell Telephone: 9748 6490 Mobile: 0403 850 881
Email: info@thaitrek2014.com

Salk Vaccine Anniversary



Today, more than 400 scientists, doctors and technical experts from 75 countries launched the Scientific Declaration on Polio Eradication. The declaration's launch coincides with the 58th anniversary of the announcement of Jonas Salk's revolutionary polio vaccine.

The world is closer than ever to eradicating polio, with just 223 cases in five countries last year. To capitalize on this time-limited opportunity to end the disease, a wide range of experts have signed the declaration to emphasize the achievability of polio eradication and endorse the Eradication and Endgame Strategic Plan, a new strategy by the Global Polio Eradication Initiative (GPEI) to reach the end of polio by 2018. The scientists and experts signing the declaration include Nobel laureates, vaccine and infectious disease experts, public health school deans, pediatricians and other health authorities.

For additional information about the Scientific Declaration or to view a full list of signatories, please visit the Emory Vaccine Center Website. <http://vaccines.emory.edu/poliodeclaration/>



Exchange Students Bring Cultures Together

Elisabeth Olsen Nordby, a 16-year-old Rotary Youth Exchange Student from Norway, a current Inbound hosted by the RC Footscray presented at the recent D9800 Conference in Albury. She said that she sees herself and every other Exchange Student in the World as Peace Bombs and that students may be able to bring peace to a conflict, because Exchange Students know how to bring different cultures together.

Elisabeth said that exchange had given her lifelong friendships at school, with Rotarians, with other Exchange Students and with her Host families. Rotary Youth Exchange had also given her maturity, responsibility and courage to make speeches. Elisabeth explained how there are benefits to having an Exchange Student at Rotary Clubs, as it brings members together through conversations and the Exchange Students can be the bridge between generations and cultures.

She also mentioned that Rotary Youth Exchange students are able to assist clubs with Service Projects, such as sausage sizzles. Her final remarks were most profound indeed, as she said that there are no thanks great enough to give Rotary for what had been given to each Exchange Student. Rotary had made each one a Citizen of the World and Rotary had given each one confidence, knowledge and love that will last a lifetime, as well as a way to achieve World Peace.

She went on to say that we are all so different, yet so alike, that it is actually possible to change the World, one person at a time, one year at a time. Elisabeth encouraged all Rotary clubs to Host a student.



If you wish to nominate as a Host Club or a Host Family for the new Inbound students arriving from Europe, Japan, Taiwan and USA in July 2013, the Youth Exchange Committee would be delighted to hear from you. In addition, the closing date for 2014 Outbound student applications to represent D9800 is Friday 19th April 2013. For further information view the D9800 Youth Exchange website: www.rotaryyouthexchangeaustralia.com.au

Vanda Mullen, Chairman D9800 Youth Exchange Committee: vmullen@netspace.net.au

Read the Youth Exchange Newsletter: http://www.rotarydistrict9800.com.au/images/Youth_Exchange_News_Apr_13.pdf

Welcome New Members

Bob Hall (Retired Architect) was inducted into the Rotary Club of North Balwyn.

The photo shows Bob's wife Rosa CHIRI with Bob HALL and Jo WELLS, wife of President Tony Wells. Jo presented Rosa with the flowers as a welcome to the Club.



"I want to be a participant, not an onlooker. That's why I joined Rotary."

— Rob Pennicott, Tasmanian of the Year 2012

Like Rob, turn conversations into actions.
Join Rotary and make a difference.
There's a club near you.

Call 1300 4 ROTARY or visit rotaryaustralia.org.au

Rotary: Humanity in motion.



Notices and Events

For a full Notices & Events calendar, visit the following link:

http://www.rotarydistrict9800.org.au/notices_and_events

SEVEN WOMEN NEEDS YOUR ASSISTANCE

Seven Women is looking for shops to stock our products that many of you saw and generously bought at the Annual Rotary Conference in Albury.

We have many women approaching our centre everyday. The more demand we create for the products, the more Nepali women we are able to assist out of poverty and suffering through skills training and employment.

Please contact steph.w@seven-women.com if you have any friends or relatives who have shops which our products would be a good match. For those who are interested in journeying to Nepal on our next tour at the end of June, view this link: <http://seven-women.com/mediakit/Study-Tour-Itinerary.pdf>

Stephanie Woppard, Founder

After travelling to Nepal in 2005 Stephanie Woppard returned to Australia and felt compelled to help some of the most marginalised and disadvantaged women living in the capital, Kathmandu.

"I feel very privileged to lead the life I do, free from hunger and poverty. I feel a moral responsibility to work with those less fortunate creating opportunities enabling them to improve theirs. When I met these women they had nothing. There was an opportunity for capacity building and empowerment. I envisaged these women enabling themselves to raise their standard of living by having someone to help them sell their handicrafts here in Australia. I paid for the initial training and worked on design with the women. When I came back to Australia we established a group at my university, La Trobe to sell these products and raise awareness about Fair Trade. The group grew from 3 volunteers to over 15 passionate, committed students who's actions have a direct impact on the lives of the women in Nepal."

Here is a clip on our stall: <http://www.youtube.com/watch?v=SdVXvnrvjY>

The group have been selling the goods once a week for over a year to raise money to send back to the women. The team of volunteers that has been created in Australia has done many markets around Victoria. This has enabled the tin shed to be knocked down and allowed a space for a women's skills training centre to be built. It has grown from 7 women to now, just over 100. The initial 7 women now employ others without disabilities. This has challenged the stigma in society. Their hope is to be able to benefit the lives of other women who experience the same hardships they have endured..



THE REMARKABLE MR HARRIS

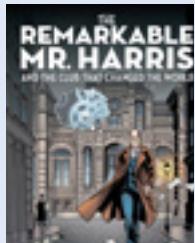
(And the club that changed the world)

Read about the life and times of Rotary's founder in this 16-page illustrated biography.

The comic-book style feature debuted in the December issue of The Rotarian.

Only \$0.50 Orders at:

<http://shop.rotary.org/The-Remarkable-Mr-Harris/dp/B003PMIUAM>





More Beds for DIK

Over the next couple of weeks we have the opportunity and task of collecting 149 excellent hospital beds and many with mattresses.

We have requests for almost all of this total number but need a lot of assistance to do the task.

The first is from the Caulfield Hospital in Kooyong Road at Caulfield where there are 90 beds and mattresses being replaced.

They are planned to be uplifted on Tuesday 7th May and as we did at the St Vincent's lift, put them directly into 2 x40 ft Containers. These containers will be relocated back to the DIK store for some repacking with other goods.

On 6th May we will need some people at the hospital to secure the beds with straps to make the uplift a little easier and safer.

So for clarity – a small team on the 6th May to get the beds ready and the main team on 7th May for the uplift..



The second task is the following week at Austin Health at Heidelberg . Here we have 19 beds to collect on Monday 13th May from the Repatriation Campus and a further 40 beds on Tuesday 14th May from the Austin Campus. We are still to work out the best method of the Tuesday lift but another 40 ft is probably the best bet.

So here is an opportunity for some great “hands on” activity and great Rotary fellowship while being involved in a terrific project where we know there are terrific benefits for the recipients.

Some of the beds will go to Chile to ease problems that still exist from the earthquake last year, some are earmarked for Tanzania and a hospital where we have shipped goods before, others for South Sudan and possibly Somaliland. All are worthy recipients.

If you are able to assist in any of these locations on the dates listed, please respond to me by email by return please as there will be quite some organising to manage all of these tasks. Without support from quite a few people the job is virtually impossible.

Forget the gym that week and get your workout with Rotary.

I hope you may be able to assist.

Best wishes,
Bob Glindemann For the
DIK Team





World of Difference

Tour leaders & Committee members are urgently needed. Can you help?

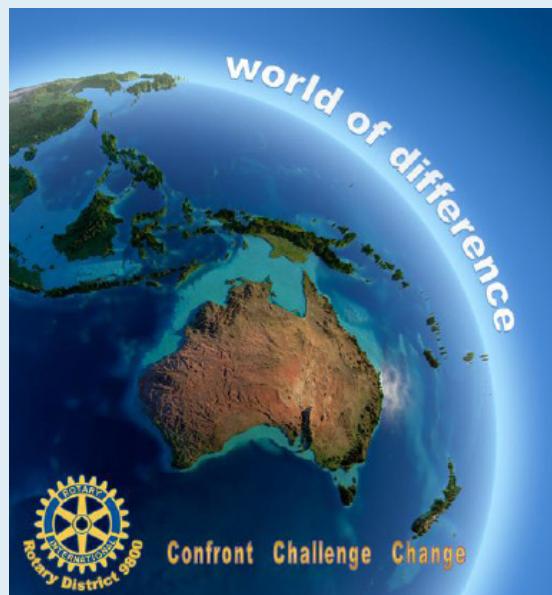
This powerful and successful District 9800 & RAWCS registered project is really developing fast.

Leading a tour to Cambodia with the help of our expert guide Rithy is a rewarding and wonderful experience. If you are an experienced

Rotarian and are interested.... we want to hear from you....please.

The committee needs help with marketing and also getting tours happening in other developing countries.

If you are interested in finding our more please contact Bronwyn on 0410324537 or info@WOD.org.au



It has been quite surreal and timely that "The Age" articles of the last 2 weeks have been published while Rithy has been in Australia. Rithy, who is our Cambodia guide, and more importantly effective local advisor as to what needs doing and how to go about it, has long been outspoken on the issue.

"The Age" reports on orphanages where children are separated from their parents. Worse than that, some children are abused and forced to live in subhuman conditions. Both articles and also a video commentary by an Australian that is involved in "friends" project in Cambodia can be found on WOD website....www.wod.org.au

In our mission to showcase effective Rotary projects in action we have visited orphanages that are supported by Rotary. 8 visits to Cambodia have seen the WOD tours evolve to involve fewer and fewer orphanages.

It has become apparent that the most effective projects are the ones that are initiated and driven by local people, and supported by expertise and financial assistance from Australia.

In 2012 there are only 3 orphanages remaining on the project list. Importantly, all participants in "World of Difference" tours are required to have working with children checks or equivalent.

The signature Rotary supported project in 2014-2015 will be a local village in Kampong Speu province. Those of you who have been on tour will know Bossala and Kror Boa Villages. 800 people starving and dying from cholera and typhoid fever. No safe water, no food, no medicine, no sanitation and no education.

18 months after Rithy coordinated Rotary's involvement there is a very different situation. There is plenty of safe water, plenty of crops growing, and a local "medicine man" trained to dispense paracetamol and life saving antibiotics and worming infestation prevention medication effectively.

Our plan doesn't stop here however....The next steps are

building a school and training teachers so that the 500 or so children can be educated, and installing a biogas system to provide sanitation while using the methane for cooking gas. Then silk weaving, mushroom production.....and the end result 3 years after Rotary was introduced to the village is a self sustaining, wealthy village where the children stay with their parents.

Another project that shows Rotary in action is a remote village school that Rithy introduced us to in 2011. Children were travelling over 10 kms to school each day without breakfast, the school was falling down through being eaten by white ants, the teachers had inadequate resources for their teaching and all in all it was struggling. Today the outside structure is being rebuilt, the classrooms will be refurbished by desks and chairs from a shipping container via Rotary District 9800 "Donations in Kind" warehouse (DIK), books, clothes and school uniforms are provided. The local teachers are supported in their local village community. Detailed information about the projects that WOD supports can be found on the website www.WOD.org.au The list is continually evolving and we add new projects where needs are identified, and remove those who no longer need our support.

In general terms "orphanages" in Cambodia cost \$6000 to \$10,000 per month to run. A home, food and education is provided for sometimes only 50 children. This amounts to \$70,000 to \$120,000 or more per year in running costs. In the villages in Kampong Speu province that Rotary has provided finance for it is quite a contrast. \$70,000 has created sustainability for the 500 children of the village to stay with their families. Around \$20,000 will be required over the next 5 years. This will translate to a school and teachers for the 500 children, sanitation and energy systems and skills in Khmer traditional working methods.

Having said that, it would be a terrible shame if genuine humanitarian centres are caught up in the negative perceptions the media articles may generate. Our understanding is that the 3 centres that our tours support care for either genuine orphans or children that have been so abused or in such danger as to make it impossible for them to remain in their communities.

It is a most interesting situation to consider, and reinforces the effectiveness of Khmer local people using Khmer local methods of training and education to rebuild their beautiful country....with Rotary support.



April 2013

22nd April

DR JEFF CRAIG

MURDOCH CHILDREN'S RESEARCH INSTITUTE

EPIGENETICS - Why identical twins are different and how this could help make sick kids better

MONDAY 22nd APRIL, 2013 6.30pm for 7.00pm

Amora Hotel Riverwalk, 649 Bridge Road, Richmond

Free parking - Amora Hotel car park or on River Street

\$30 per person – includes a 2-course dinner. Drinks at bar prices.

FURTHER INFORMATION: <http://rotaryrichmond.org.au/notice.php>

BOOKINGS ESSENTIAL FOR CATERING PURPOSES

RSVP: jocowling@optusnet.com.au by Friday 19th April



21st April

ROTARY CLUB OF HOPPERS CROSSING BRIDAL EXPO

Werribee Function Centre, Werribee Racecourse, Bulban Road, Werribee. **21 April** 10.00am till 4.00pm. \$5.00 per head with all funds raised going towards Rotary's work in the community

More info: Colin Styles on mobile 0416 191 320 or email [rhcbridalexpo@iinet.net.au](mailto:rchcbridalexpo@iinet.net.au) or cstyles@bigpond.net.au



There will be some 40 to 50 wedding specialists including: Marriage Celebrants, Wedding Photographers, Bridal Make-Up, Bonbonnieres, Wedding Invitations and Stationery, Wedding Reception Venues, Wedding Cakes, Wedding Florists, Wedding Dresses, Mother-of-the-Bride Wear, Male Formal Wear, Wedding Gifts, Decorations, and Wedding Cars and Limousines.

Fashion parades at 11.30am and 2.30pm showcasing Bridal and Mother-of-the-Bride Wear.

Novelty events for Brides-to-be with some worthwhile prizes available.

28th April

Tribute to Jim Thompson

Sunday April 28, 4.00pm start

Uniting Church 132 Keilor Rd, North Essendon

\$25 pp includes Tea or Coffee and Nibbles

Drinks at Bar Prices Complimentary Glass of Champagne on arrival

"Door Prize" and raffle .Entertainment:"Future of Australian Music"

Funds raised go to Cancer Research

RSVP 26th April, 2013 to Jacob Taurins, taurins2@vegas.com.au



May 2013

4th May

A Night of Culture in Paris: La Nuit des Musees

Café International will be held on Saturday, 4TH May 2013

International House, 241 Royal Parade, Parkville, VIC 3052

Dress Code: Black tie or to theme.

Doors will open at 6:30pm for pre-dinner drinks and light entertainment.

Dinner and the show will commence at 7:15pm.

Tickets are available at AUD \$80.00/person, inclusive of a three-course meal, free flow of beverages.

RSVP to our Guest and Conference Manager, Frank Hofheins, via phone at (03)9345 7576 or via email at fhofheins@unimelb.edu.au as soon as possible by the 8TH of April 2013

For other enquiries regarding this event, please contact us at ihcafe2013@gmail.com or call our Café Communications Officer, Clifford Lee at (04)5259 9630.

More details and Booking Form:

<http://www.rotarydistrict9800.org.au/images/InvitationtoCafeInternational2013.pdf>





Notices and Events

**4th
May**

RC Rochester Pie and Port Night

Saturday 4th May

This annual event promises a night filled with Fellowship, straight from the oven country fresh bakery, along with ample refreshment of all variety to suit attendees.

Rotarians and partners from all District and beyond Clubs are invited to come and spend a weekend or night in the northern part of the District, relax, seeing the District sights along with attending Pie and Port night in the Rochester Fire Brigade Function Room. For further details contact rochester@rotarydistrict9800.org or direct to Rotarian Heather, 03 54841147



**5th
May**

2013 Shine On Awards

Sunday May 5th 12.30 for 1pm

Yarraville Club, 135 Stephens Street

Yarraville

The Rotary Southern Districts Shine On Awards recognise outstanding community service by people with disabilities who, by their actions, serve as 'Shining Examples' to the community.

RSVP by Friday 19th April via email.

scott@bossmanmedia.com.au 0416 050 212

Wayne Hunter wayne.hunter@cvgrp.com

See: http://www.rotarydistrict9800.org.au/images/Shine_on_Awards_2013.pdf



**5th
May**

Car & Vintage Bike Show

Sunday 5 May - 9am to 1.30pm

In the grounds of the historic Keilor Hotel - Cnr Old Calder Hwy & Arabin St, Keilor

Exhibitors entry from 7.30am in Arabin St (Cars \$20, Bikes \$5) Spectators \$5pp (Under 16 free) Kids entertainment, Western Region Concert Band, craft stalls, food & refreshments

www.rotarykeilor.org.au



**17th
May**

HEART KIDS' NIGHT OF NIGHTS

FRIDAY 17TH MAY 7:00 FoR 7:30 START

FEATURING ELVIS TRIBUTE ARTIST MARK ANDREW AND HIS SENSATIONAL SHOWGIRLS

ULTIMA RECEPTION CENTRE Cnr Keilor Park Drive & Ely Court, Keilor.

Tickets \$100 eaCH. DRESS CODE: Evening wear

BOOK NOW! EMAIL JOHN CENDO Lighting@mirAbella.com.au

Rotary Club of Tullamarine All money to the cardiac surgery unit at the Children's Hospital



Do you have a letter for Clarice?

Contact the Editor

Do you have a letter for Clarice? Is something on your mind?

Send your thoughts to her email address at

clarice@rotarydistrict9800.org.au

ROTARY DISTRICT 9800 Events Calendar

For a full Notices & Events calendar, visit the following link:

http://www.rotarydistrict9800.org.au/notices_and_events

To submit Notices & Events, please send Clarice all the details at: clarice@rotarydistrict9800.org.au



District 9800		Attendance		Membership				
2012/2013		March-13		At July 1	March-13			
Club	Cluster	No. of Mtgs	Month		Start	End	Net gain /loss 12/1 3	% Change
		Mtgs	%					
St Kilda	Stonnington	4	50%	9	11	12	3	33.3%
Port Melbourne	Batman	3	79%	10	13	13	3	30.0%
Melbourne Park	Heritage	4	70%	18	23	21	3	16.7%
Brimbank Central	Gateway	4	84%	27	31	31	4	14.8%
Fitzroy	Heritage	3	57%	22	25	25	3	13.6%
Echuca-Moama	Goldfields	4	78%	15	17	17	2	13.3%
Southbank	Batman	4	44%	23	26	26	3	13.0%
Melton Valley	Westside	3	82%	16	18	18	2	12.5%
Bendigo Strathdale	Goldfields	4	81%	26	28	29	3	11.5%
Tullamarine	Gateway	4	50%	18	18	20	2	11.1%
Richmond	Heritage	3	57%	37	40	41	4	10.8%
Canterbury	Eastside	3	65%	39	42	43	4	10.3%
Caulfield	Beachside	4	68%	10	11	11	1	10.0%
Chadstone / EMalvern	Stonnington	4	80%	43	47	47	4	9.3%
Glenferrie	Yarra	5	66%	43	47	47	4	9.3%
Altona	Port Phillip	4	59%	24	24	26	2	8.3%
Woodend	Calder	3	56%	25	27	27	2	8.0%
Daylesford	Calder	4	86%	29	31	31	2	6.9%
Bacchus Marsh	Westside			33		35	2	6.1%
Bendigo Sandhurst	Goldfields	4	76%	50	53	53	3	6.0%
Kew	Yarra	4	87%	35	36	37	2	5.7%
Keilor East	Gateway	3	82%	40	43	42	2	5.0%
E-Club of Melbourne	Batman	3	33%	24	24	25	1	4.2%
Camberwell	Eastside	4	69%	77	79	80	3	3.9%
Melton	Westside	4	81%	26	26	27	1	3.8%
North Melbourne	Heritage	3	62%	26	27	27	1	3.8%
Brunswick	Heritage	4	42%	27	28	28	1	3.7%
Point Gellibrand	Hobsons B	4	70%	34	35	35	1	2.9%
Werribee	Port Phillip	5	77%	37	39	38	1	2.7%
Keilor	Gateway	4	70%	39	40	40	1	2.6%
Footscray	Hobsons Bay	4	62%	54	56	55	1	1.9%
Hawthorn	Yarra	4	80%	57	58	58	1	1.8%



Essendon	Gateway	4	53%	68	69	69	1	1.5%
Altona City	Port Phillip	3	74%	23	23	23	0	0.0%
Boroondara	Eastside	4	52%	15	15	15	0	0.0%
Brighton Beach	Beachside	4	68%	21	21	21	0	0.0%
Brighton North	Beachside	4	77%	51	52	51	0	0.0%
Collingwood	Heritage			20		20	0	0.0%
Gisborne	Calder	4	84%	24	24	24	0	0.0%
Glen Eira	Beachside	4	76%	18	18	18	0	0.0%
Kew-on-Yarra	Yarra	4	78%	17	17	17	0	0.0%
Malvern	Stonnington	4	63%	35	34	35	0	0.0%
Melbourne South	Batman	?		27	27	27	0	0.0%
Moonee Valley	Gateway	4	63%	13	13	13	0	0.0%
North Balwyn	Eastside	4	90%	74	72	74	0	0.0%
Prahran	Stonnington	3	75%	23	23	23	0	0.0%
Rochester	Goldfields	4	100%	8	8	8	0	0.0%
Sunshine	Westside			18		18	0	0.0%
Wyndham	Port Phillip	3	94%	26	27	26	0	0.0%
Melbourne	Batman	4	75%	230	225	229	-1	-0.4%
Bendigo	Goldfields	4	52%	72	71	71	-1	-1.4%
Brighton	Beachside	3	58%	110	107	108	-2	-1.8%
Carlton	Heritage	4	88%	41	40	40	-1	-2.4%
Bendigo South	Goldfields	4	70%	32	31	31	-1	-3.1%
Essendon North	Gateway	4	62%	26	25	25	-1	-3.8%
Flemington	Hobsons B	4	78%	24	23	23	-1	-4.2%
West Footscray	Hobsons B	4	60%	24	24	23	-1	-4.2%
Hoppers Crossing	Port Phillip	4	67%	23	22	22	-1	-4.3%
Eaglehawk	Goldfields	?	80%	40	38	38	-2	-5.0%
Balwyn	Eastside	4	71%	76	72	72	-4	-5.3%
Williamstown	Hobsons B	3	58%	36	34	34	-2	-5.6%
Laverton Point Cook	Port Phillip	4	73%	34	32	32	-2	-5.9%
Albert Park	Batman	4	52%	62	60	58	-4	-6.5%
Central Melb. Sunrise	Batman	4	69%	57	54	53	-4	-7.0%
Kyneton	Calder	3	61%	41	38	38	-3	-7.3%
Kangaroo Flat	Goldfields	4	80%	26	24	24	-2	-7.7%
Yarraville	Hobsons Bay	4	72%	20	18	18	-2	-10.0%
Castlemaine	Calder	?	56%	37	34	32	-5	-13.5%
Toorak	Stonnington	3	79%	28	26	24	-4	-14.3%
Docklands	Batman			9		7	-2	-22.2%
No. of Clubs Reporting			65		66			
No. of Members				2522		2549	27	1.1%